



ACTIVITY BOOK FOR CHILDREN (4-5 YEARS)



Ministry of Women and Child Development
Government of India
New Delhi

SEPTEMBER, 2017



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What is this activity books all about?

This is a prototype of an activity book which can be used as a guide while developing state specific activity books for 4- 5 year old children. This prototype includes worksheets which support the development of fine motor, creative, cognitive, emergent literacy and numeracy skills for young children. This activity book covers the progression of concepts and skills that are age and developmentally appropriate.

Adaptation guidelines

- 1) States should align this activity book with the state ECE curriculum.
- 2) Activities should be planned to reinforce spiral and graded learning while catering to all domains and skills.
- 3) Contextually relevant pictures, letters and words may be added during adaptation.
- 4) Incorporating themes in every activity sheet is not necessary.
- 5) The Anganwadi Worker should be given orientation during training on the content of the activity book and how it can be used in the classroom to foster children's learning and development needs, not as a substitute for but as a supplement to other interactive group and individual activities.
- 6) The assessment cards should be linked with the activity book so that Anganwadi Worker can observe some related indicators and use the child's output for assessment, in addition to other forms of assessment.

Do's and Don'ts in use of activity books (For Anganwadi Worker)

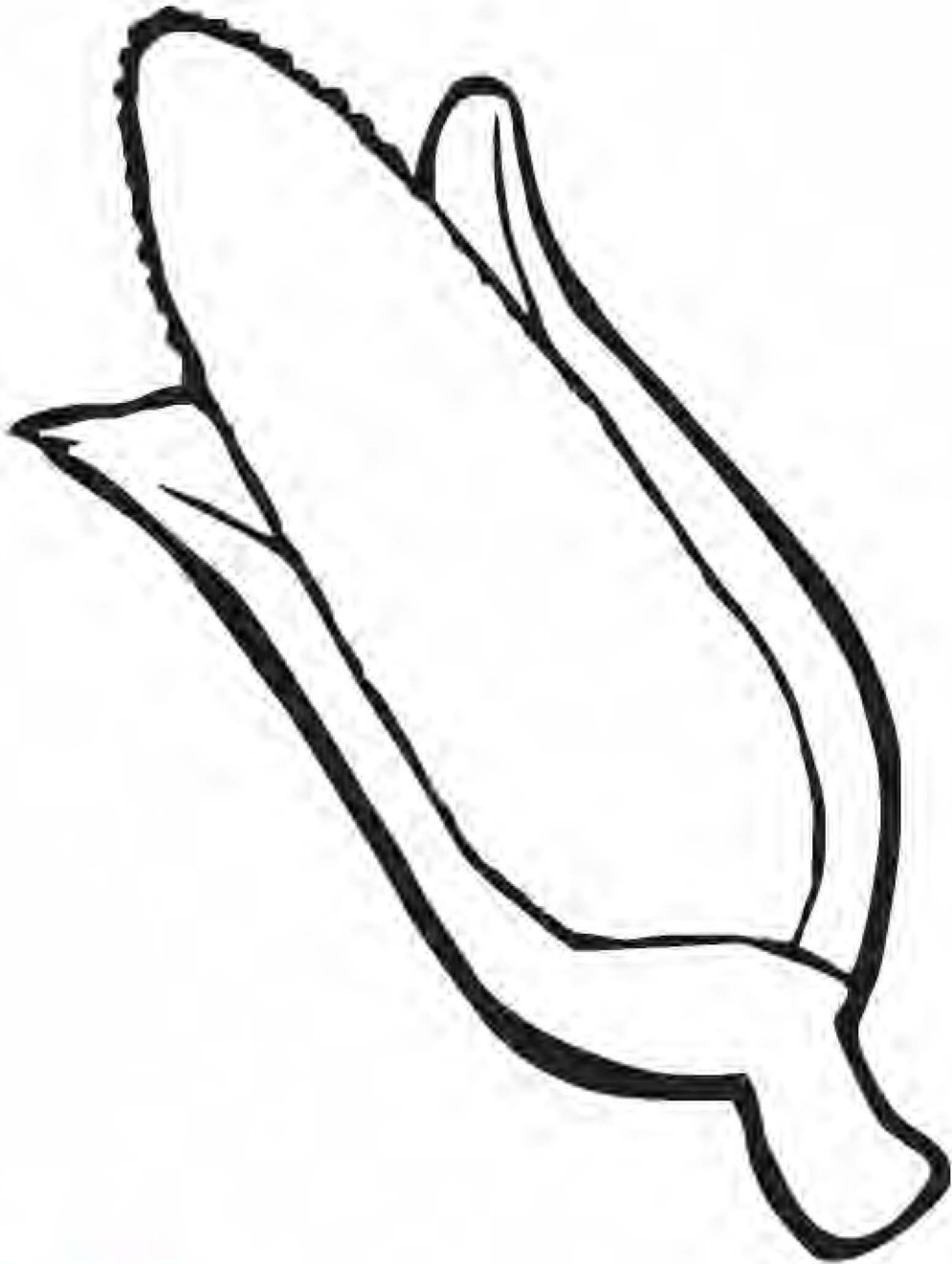
- 1) Please note that activity book should not be seen as a replacement of classroom processes, but only as a means to reinforce concepts. Children learn concepts and vocabulary through a process of first engaging with the environment, with objects, with other persons and with materials through concrete activities and experiences. Then only can they transfer that learning to the next level by engaging with symbolic representation of these objects/experiences through pictures and symbols, for which activity books are helpful.
- 2) Be flexible and conduct a given activity according to the child's needs and pace of learning.
- 3) Please don't force young children to complete the worksheet neatly or within a stipulated time. Allow them to do their best in their own preferred way, since each child has different interests and abilities.
- 4) It is advised not to use activity books every day. Two worksheets per week are enough to engage young children.
- 5) Talk about the worksheet first and give clear instructions to children.
- 6) Please show the activity books to parents which will help them gain an understanding of an age appropriate program as well as insights on their child's progress.
- 7) Do not grade children or allocate marks since the child should not feel that they are being tested while working on the activity book.

Designed by:

UNICEF India and CECED, Ambedkar University Delhi

Date _____

Collage Work



Instructions

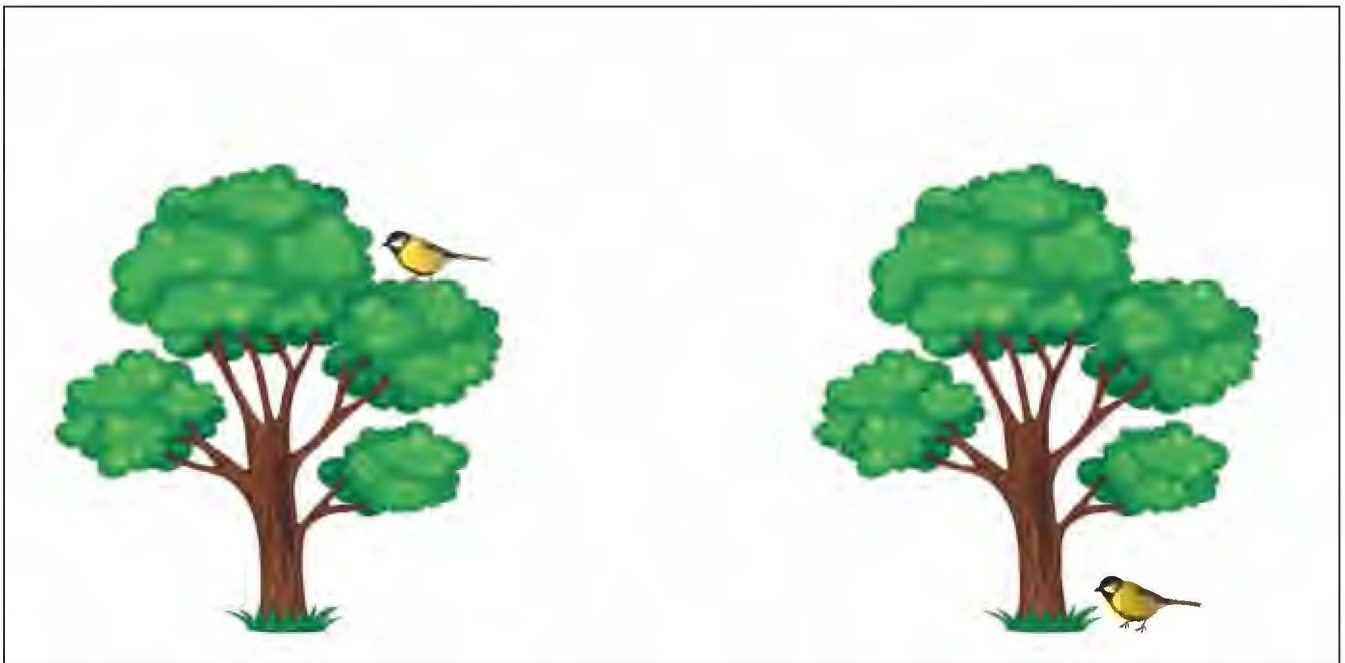
- Introduce and talk about corn to the child.
- Ask the child to tear paper, roll it and paste it in the picture of the corn.

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Parent's Signature

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AWW Signature



Concept of Space



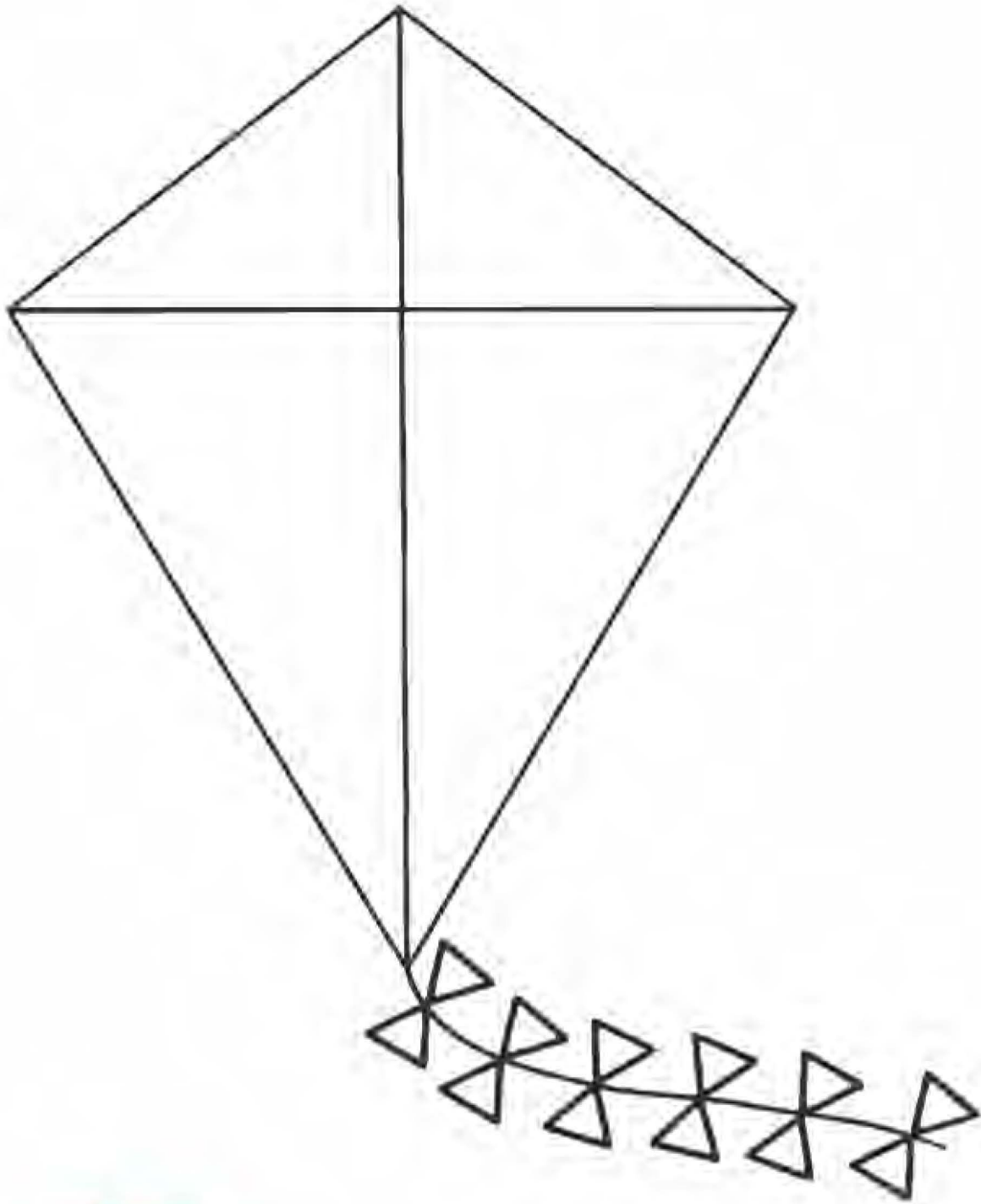
- Instructions**
- Introduce and talk about all sets of pictures to the child.
 - Ask the child to circle the picture in which the bird is sitting on top of the building.
 - Ask the child to circle the picture in which the bird is sitting under the tree.

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Parent's Signature

.....
AWW Signature



Colouring



Instructions

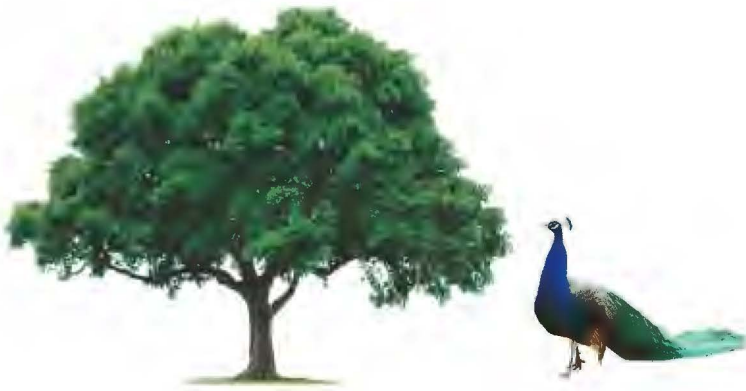
- Introduce and talk about kites to the child.
- Ask the child to colour the picture of the kite.

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Parent's Signature

.....
AWW Signature



Concept of Distance



Instructions

- Introduce and talk about all sets of pictures to the child.
- Ask the child to circle the picture in which the peacock is closest to the tree.

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Parent's Signature

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AWW Signature



Date _____

Free Drawing

Instructions

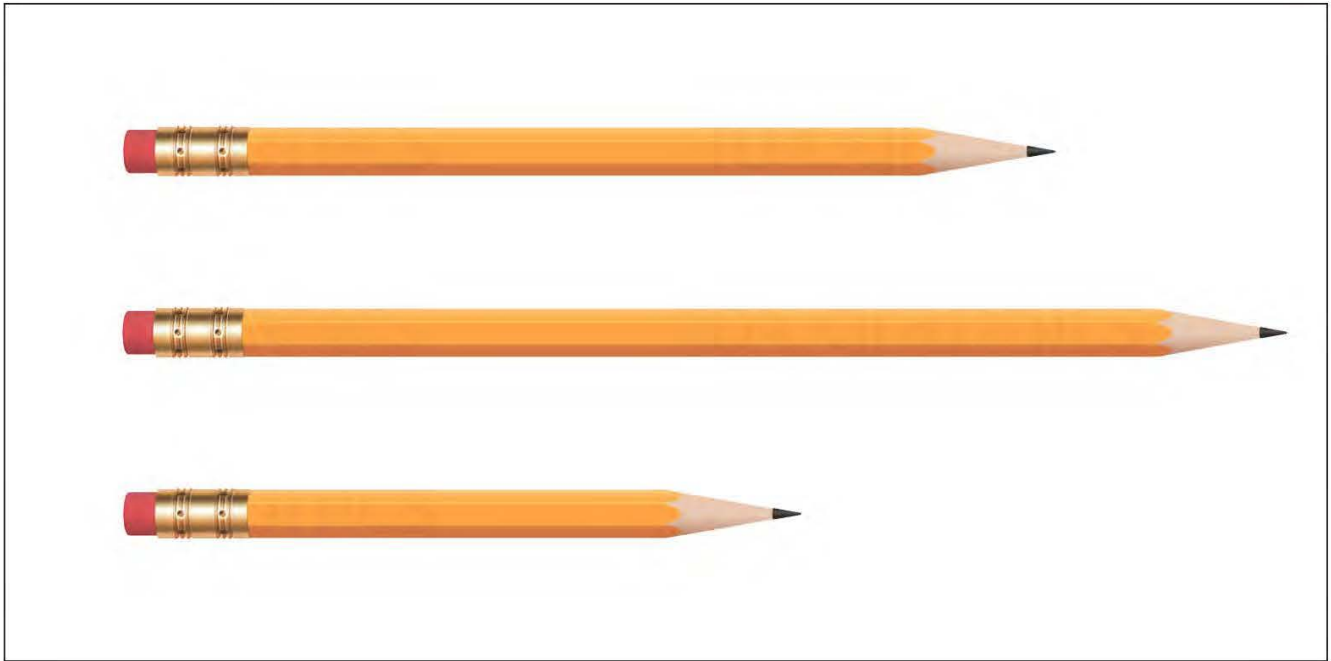
- Ask the child to draw anything s/he feels like.
- Write the name of the object drawn by the child and talk to her/him about it.

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Parent's Signature

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AWW Signature



Concept of Length



Instructions

- Introduce and talk about the concept of length.
- Ask the child to circle the longest pencil.
- Ask the child to circle the shortest leaf.

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Parent's Signature

.....
AWW Signature



Date _____

Collage Work



Instructions

- Introduce and talk about umbrellas to the child.
- Ask the child to tear paper and paste it in the picture of the umbrella.

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Parent's Signature

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AWW Signature



Concept of Colour – Green



Instructions

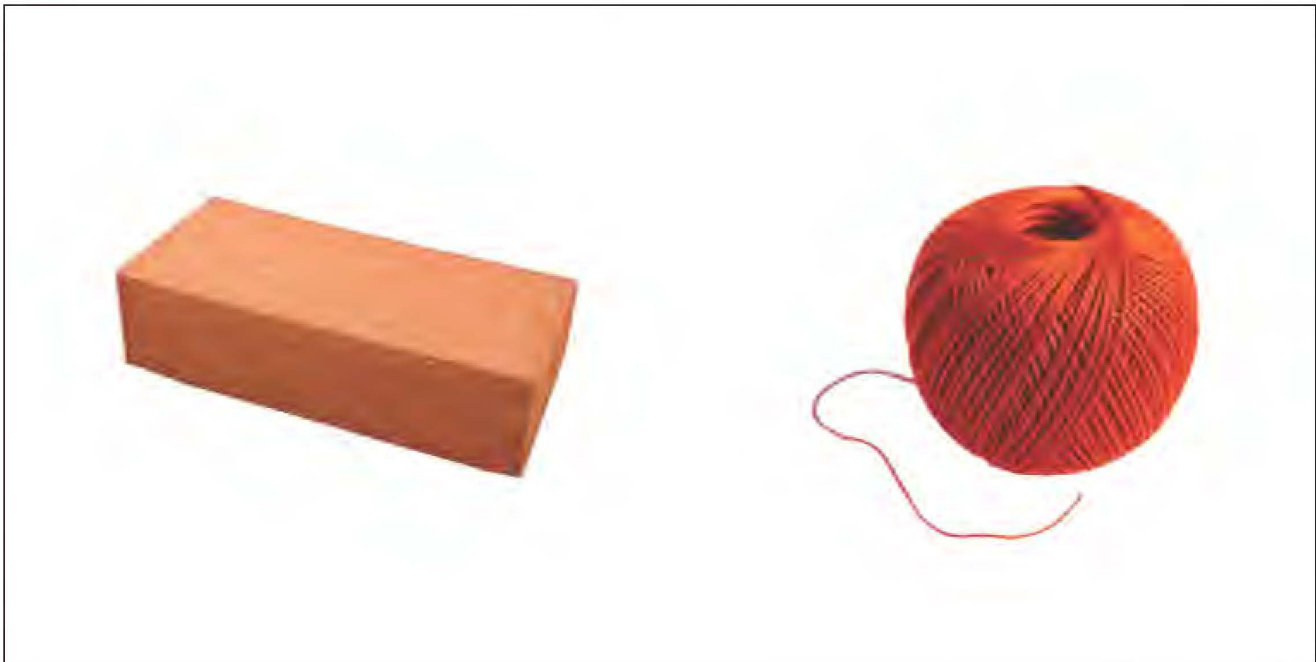
- Introduce the colour green and talk about green coloured objects in the surroundings.
- Talk about all of the pictures above.
- Ask the child to circle all of the green coloured objects.

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Parent's Signature

.....
AWW Signature



Concept of Weight



- Instructions**
- Introduce and talk about the concept of weight.
 - Talk about all of the pictures above.
 - Ask the child to circle the lighter object in the first set of pictures.
 - Ask the child to circle the heavier object in the second set of pictures.

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Parent's Signature

.....
AWW Signature



Date _____

Free Drawing

Instructions

- Ask the child to draw anything s/he feels like.
- Write the name of the object drawn by the child and talk to her/him about it.

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Parent's Signature

.....
AWW Signature



Classification - Vegetables and Fruits



Instructions

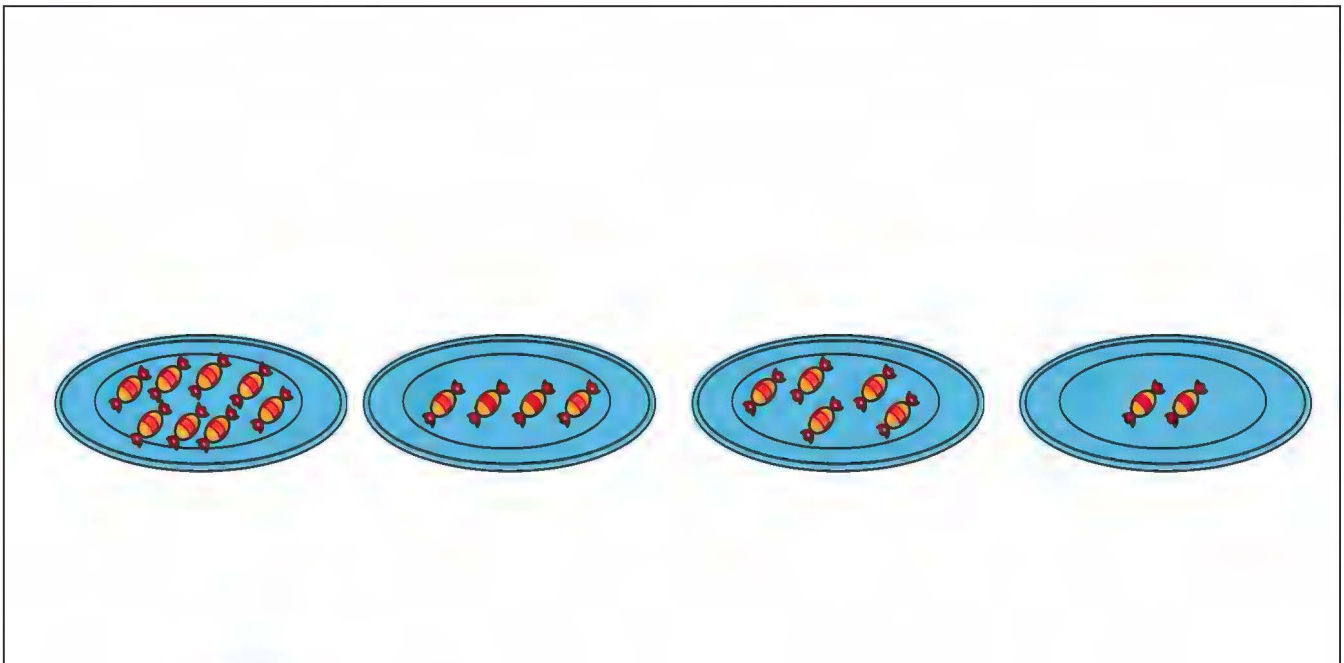
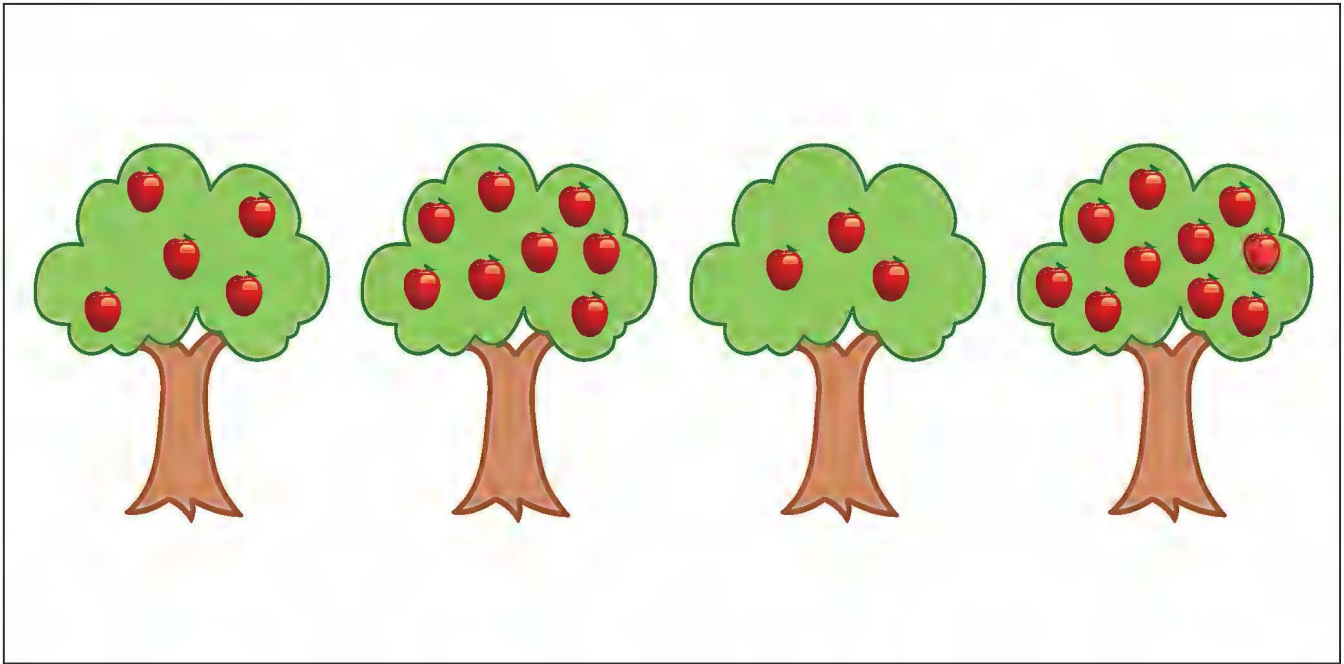
- Introduce and talk about all the pictures.
- Tell them which ones are fruits and which are vegetables.
- Ask the child to circle all the vegetables.

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Parent's Signature

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AWW Signature



Concept of Numbers



Instructions

- Introduce and talk about all sets of pictures to the child.
- Ask the child to circle the tree with the least number of fruits.
- Ask the child to circle the plate with the most number of candies.

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Parent's Signature

.....
AWW Signature



Date _____

Free Drawing

Instructions

- Ask the child to draw anything s/he feels like.
- Write the name of the object drawn by the child and talk to her/him about it.

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Parent's Signature

.....
AWW Signature



Functional Association



Instructions

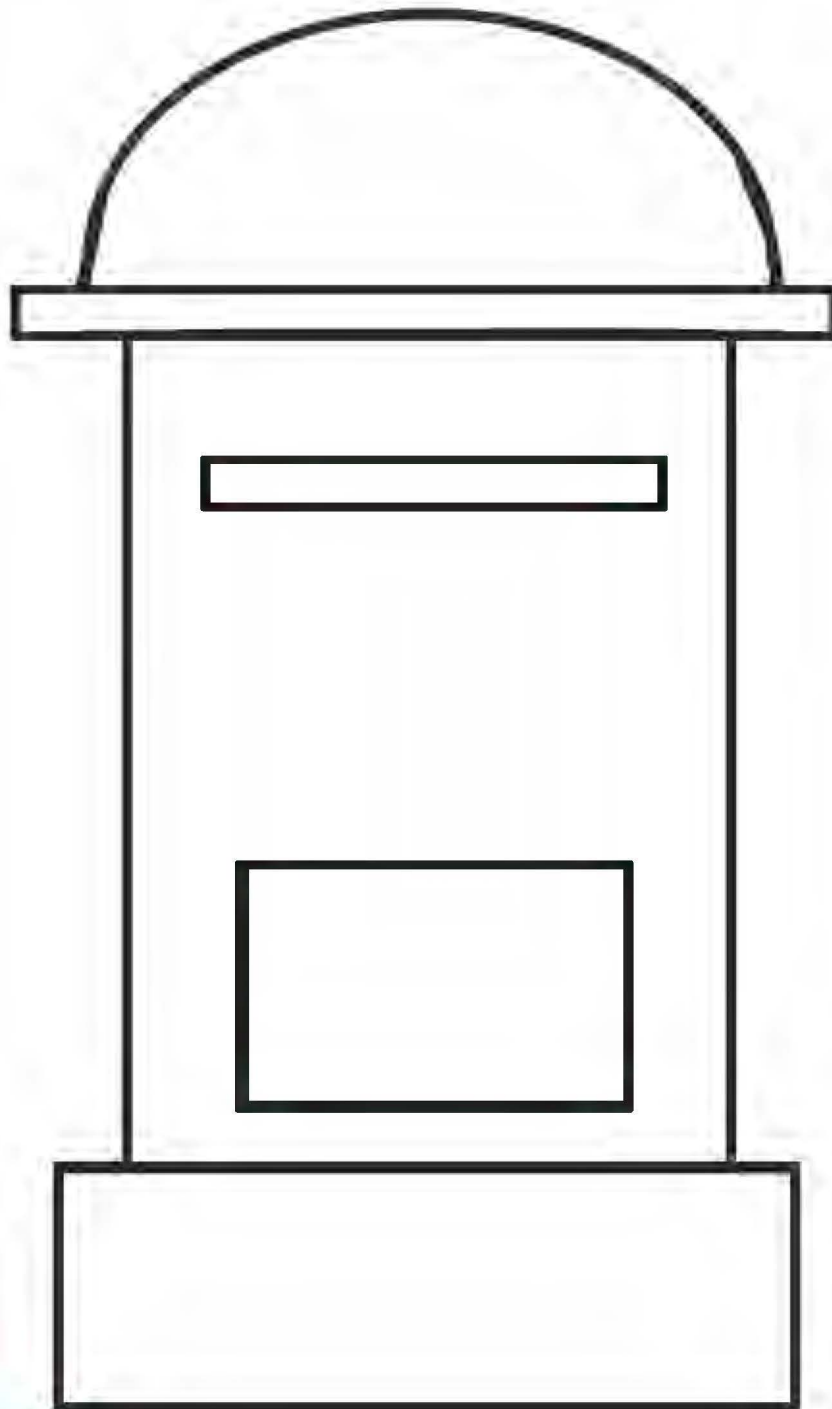
- Introduce and talk about all of the objects to the child.
- Ask the child to match the related/ associated objects.

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Parent's Signature

.....
AWW Signature



Colouring



Instructions

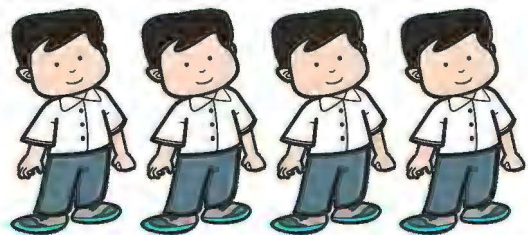
- Introduce and talk about letter boxes to the child.
- Ask the child to colour the picture of the letter box.

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Parent's Signature

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AWW Signature



Number Matching



Instructions

- Introduce and talk about all of the pictures to the child.
- Ask the child to count and match objects of similar numbers with each other.

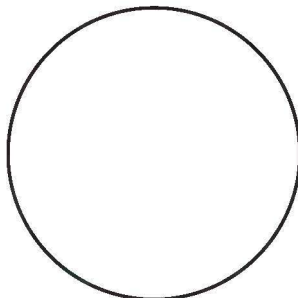
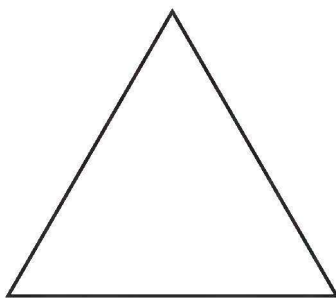
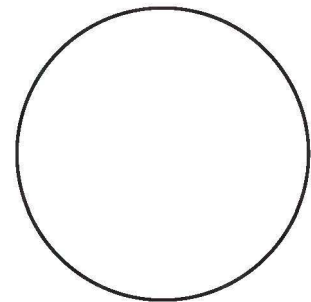
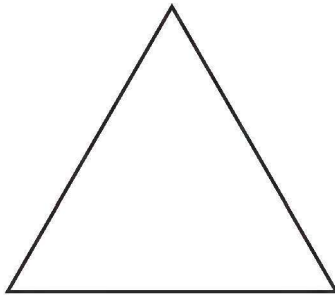
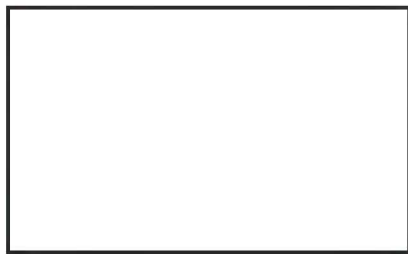
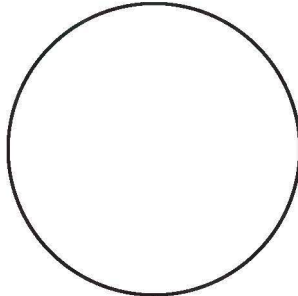
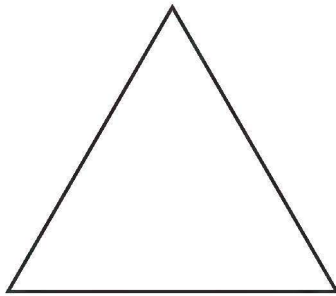
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Parent's Signature

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AWW Signature



Date _____

Shapes



Instructions

- Explain different shapes and colours to the child.
- Ask the child to colour all triangles yellow and rectangles blue.

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Parent's Signature

.....
AWW Signature



Problem Solving (Maze)



Instructions

- Introduce the picture of the hen, chick and the path within the maze.
- Ask the child to take the chick to the hen through the path while not touching the borders.

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Parent's Signature

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AWW Signature



Concept of Width



Instructions

- Introduce and talk about the concept of width.
- Ask the child to circle the thinnest piece of wood.
- Ask the child to circle the thickest pen.

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Parent's Signature

.....
AWW Signature



Date _____

Free Drawing

Instructions

- Ask the child to draw anything s/he feels like.
- Write the name of the object drawn by the child and talk to her/him about it.

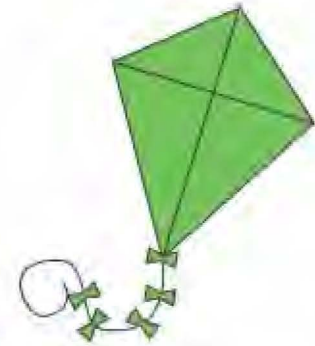
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Parent's Signature

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AWW Signature



Concept of Colour – Orange



Instructions

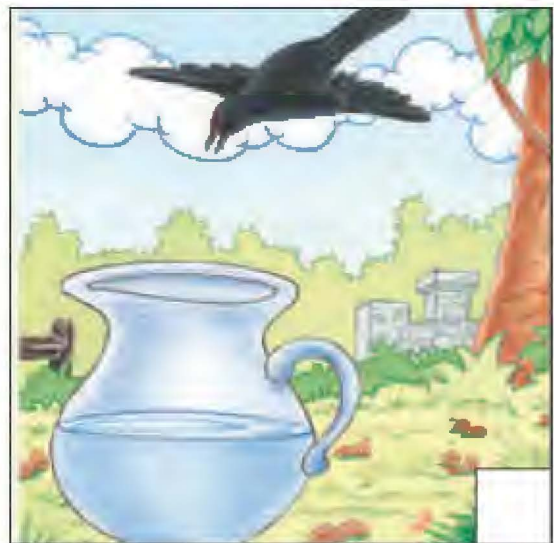
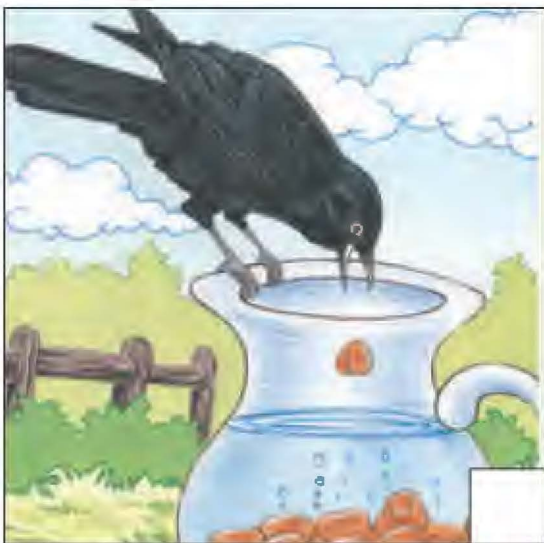
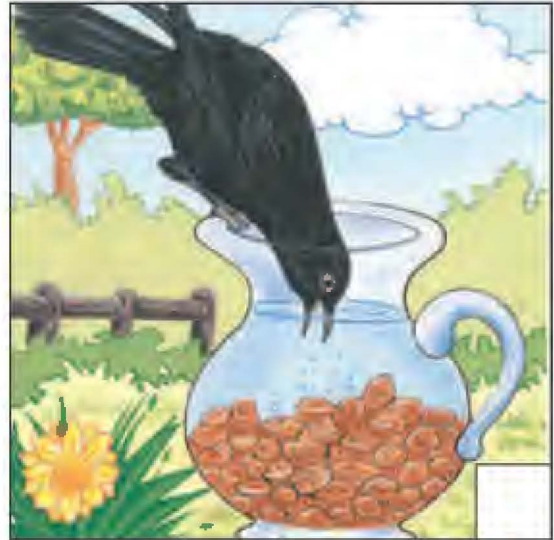
- Introduce the colour orange and talk about orange coloured objects in the surroundings.
- Talk about all of the pictures above.
- Ask the child to circle all of the orange coloured objects.

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Parent's Signature

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AWW Signature



Sequence of Events



Instructions

- Tell the story of the thirsty crow.
- Introduce and talk about all of the pictures above.
- Ask and assist the child to number the sequence of events in the story.

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Parent's Signature

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AWW Signature



Classification- Flying and Non-flying



Instructions

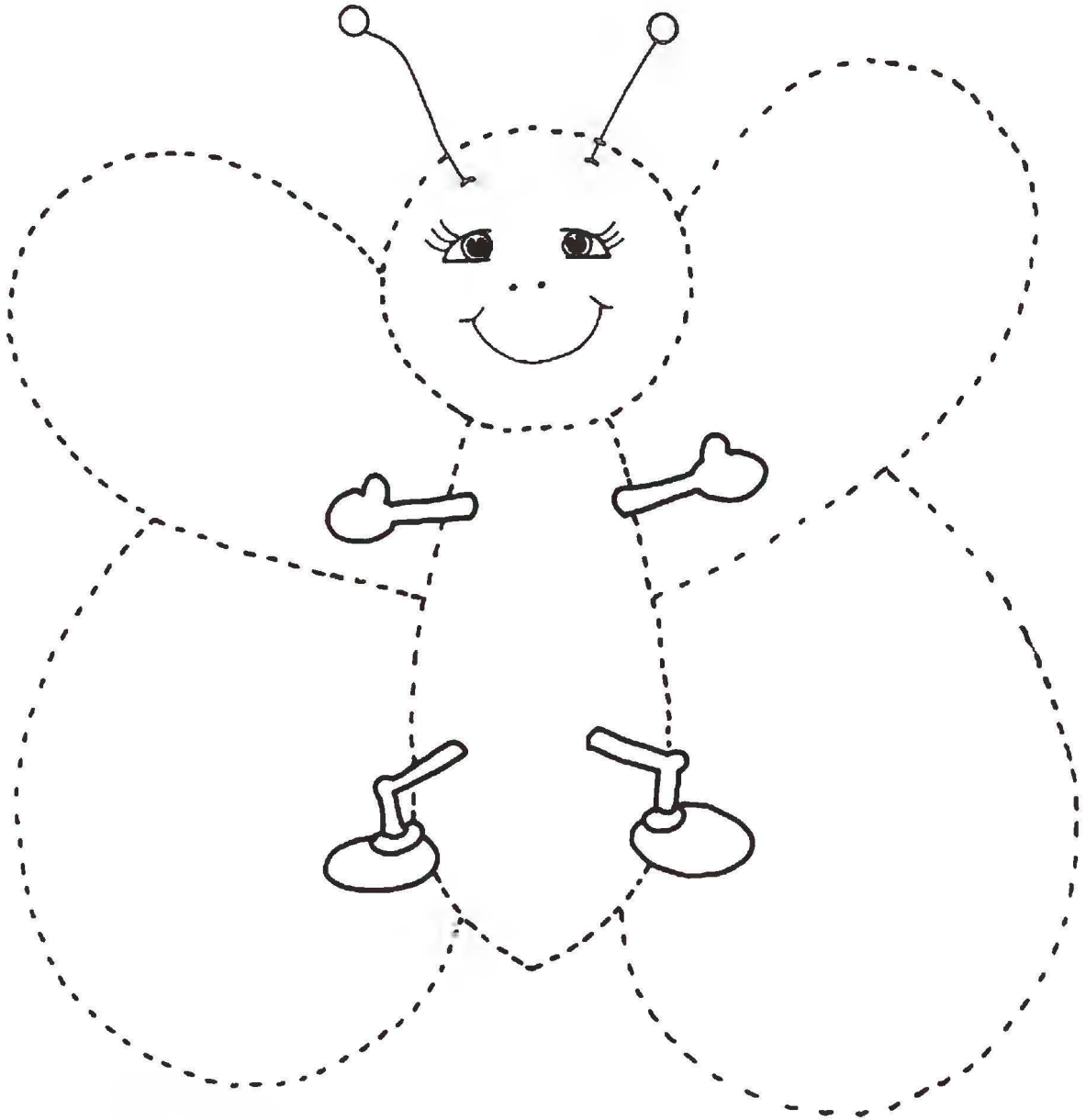
- Introduce and talk about all of the pictures above.
- Explain which of the animals can fly and which ones cannot.
- Ask the child to circle all of the animals which cannot fly.

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Parent's Signature

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AWW Signature



Trace and Colour



Instructions

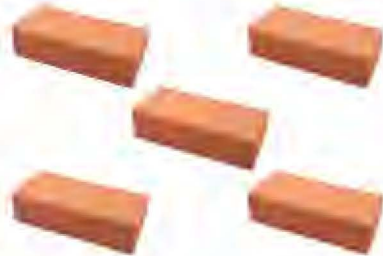
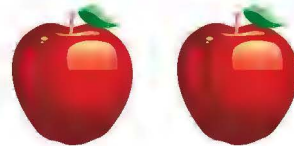
- Introduce the sheet to the child.
- Ask the child to discover the picture by joining the dots and colour the picture.

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Parent's Signature

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AWW Signature



Number Matching



Instructions

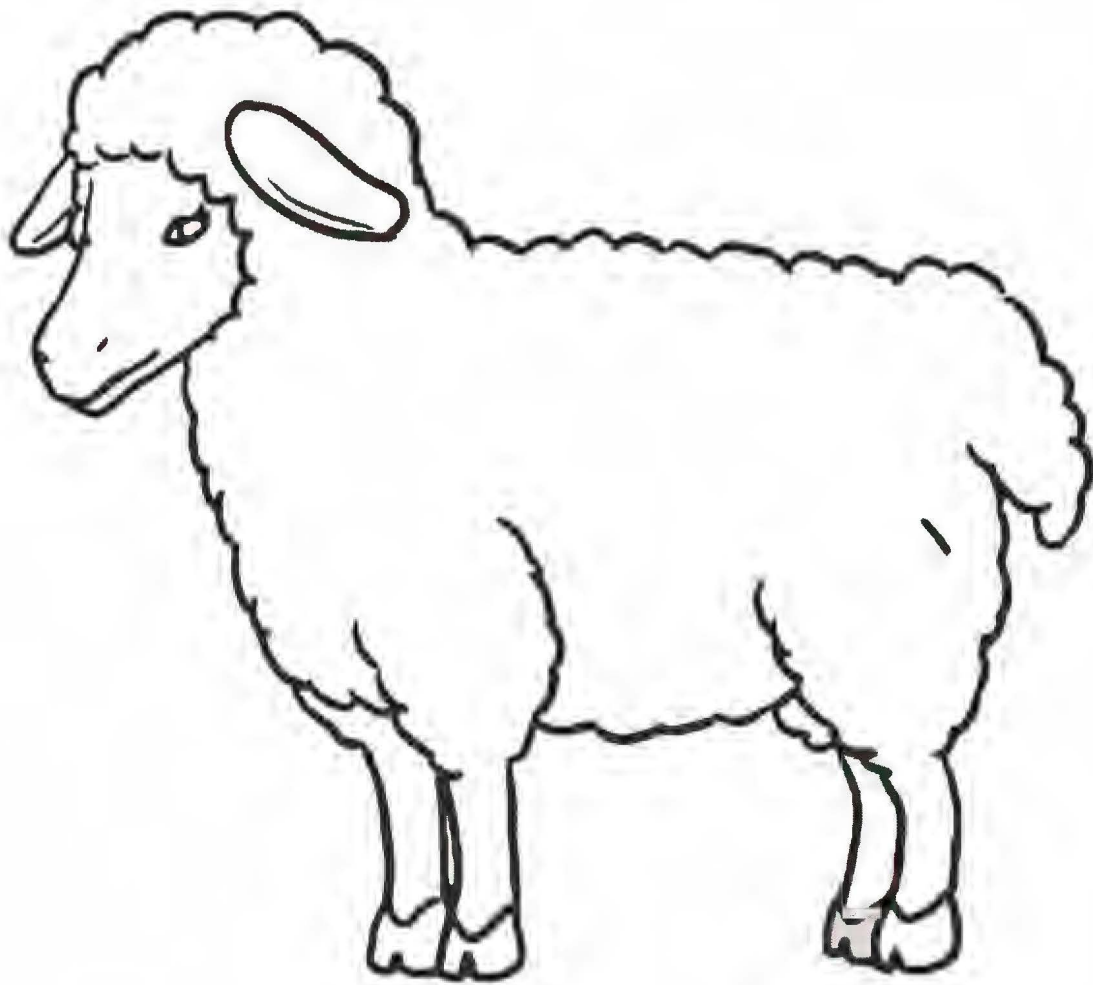
- Introduce and talk about all of the pictures to the child.
- Ask the child to count and match objects of similar numbers with each other.

Parent's Signature

AWW Signature



Collage Work



Instructions

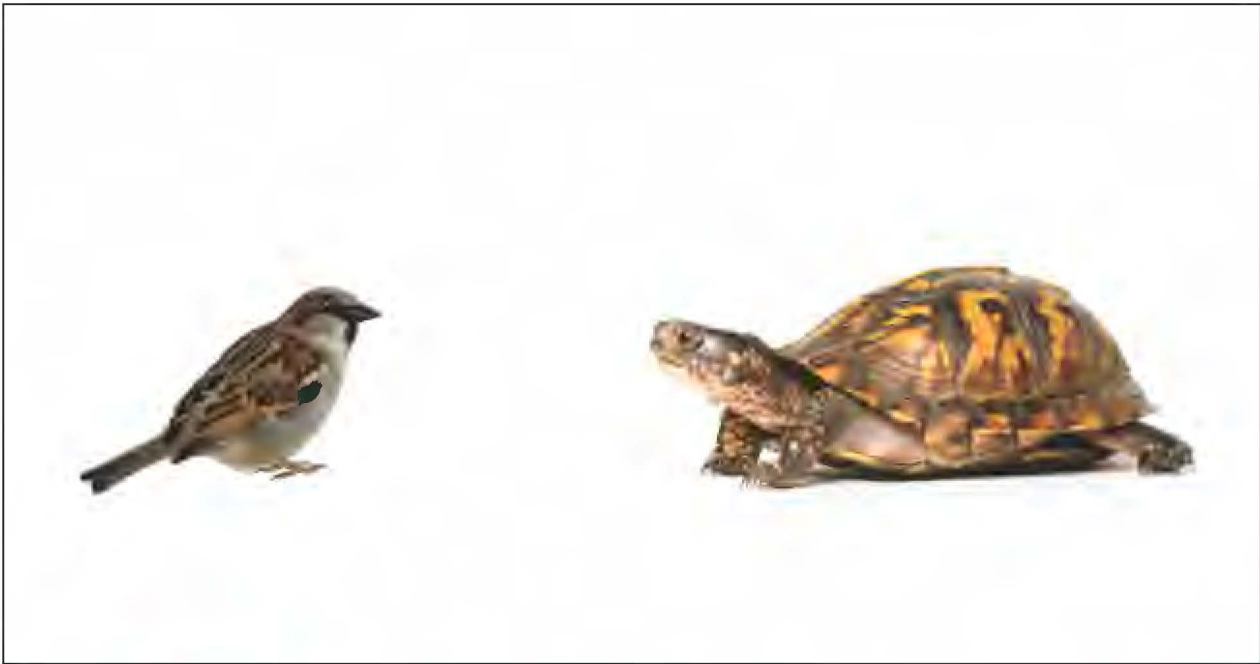
- Introduce and talk about sheep to the child.
- Ask the child to paste cotton in the picture of the sheep.

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Parent's Signature

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AWW Signature



Concept of Weight



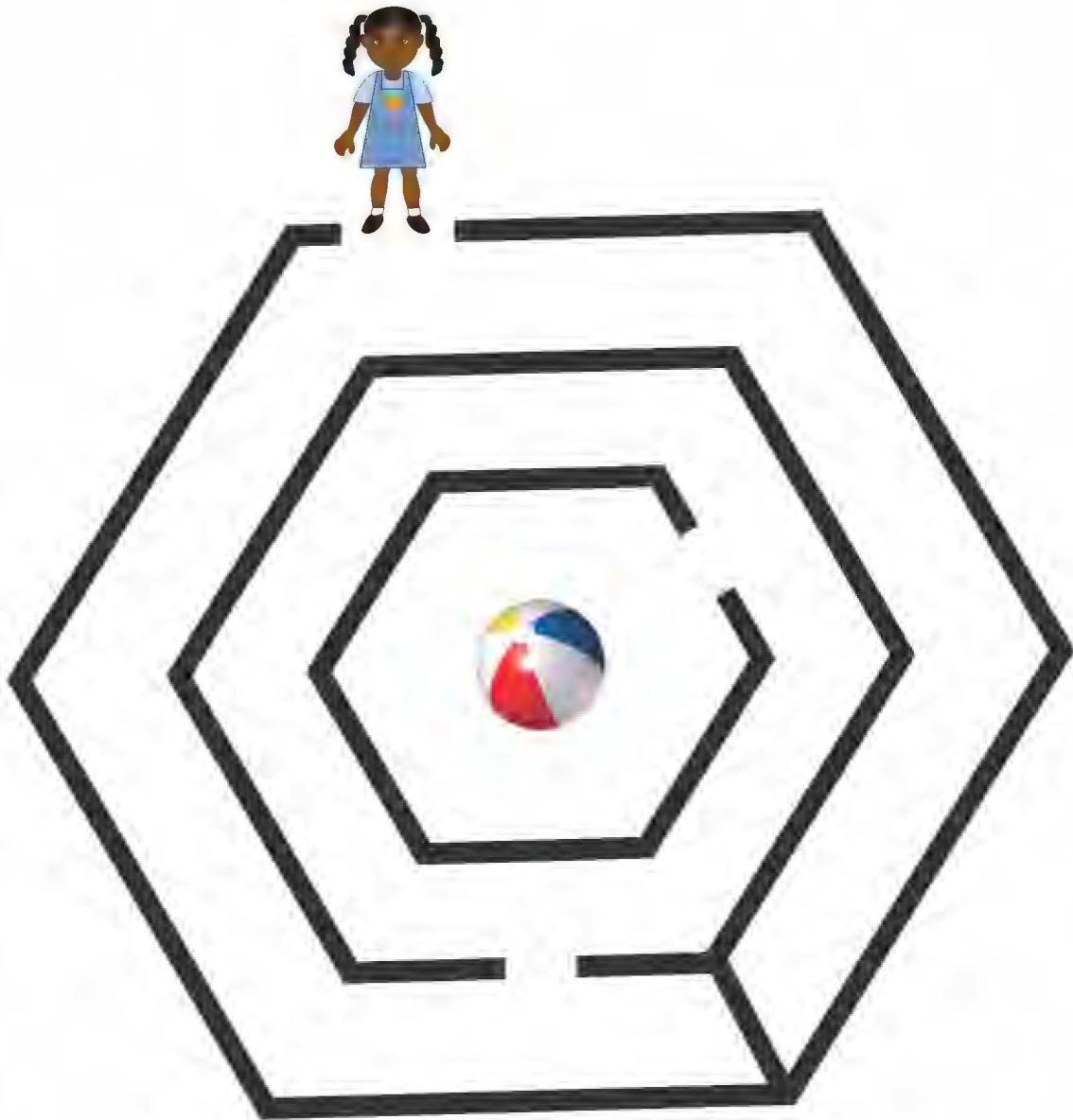
- Instructions**
- Introduce and talk about the concept weight.
 - Talk about all of the pictures above.
 - Ask the child to circle the lighter object in the first set of pictures.
 - Ask the child to circle the heavier object in the second set of pictures.

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Parent's Signature

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AWW Signature



Problem Solving (Maze)



Instructions

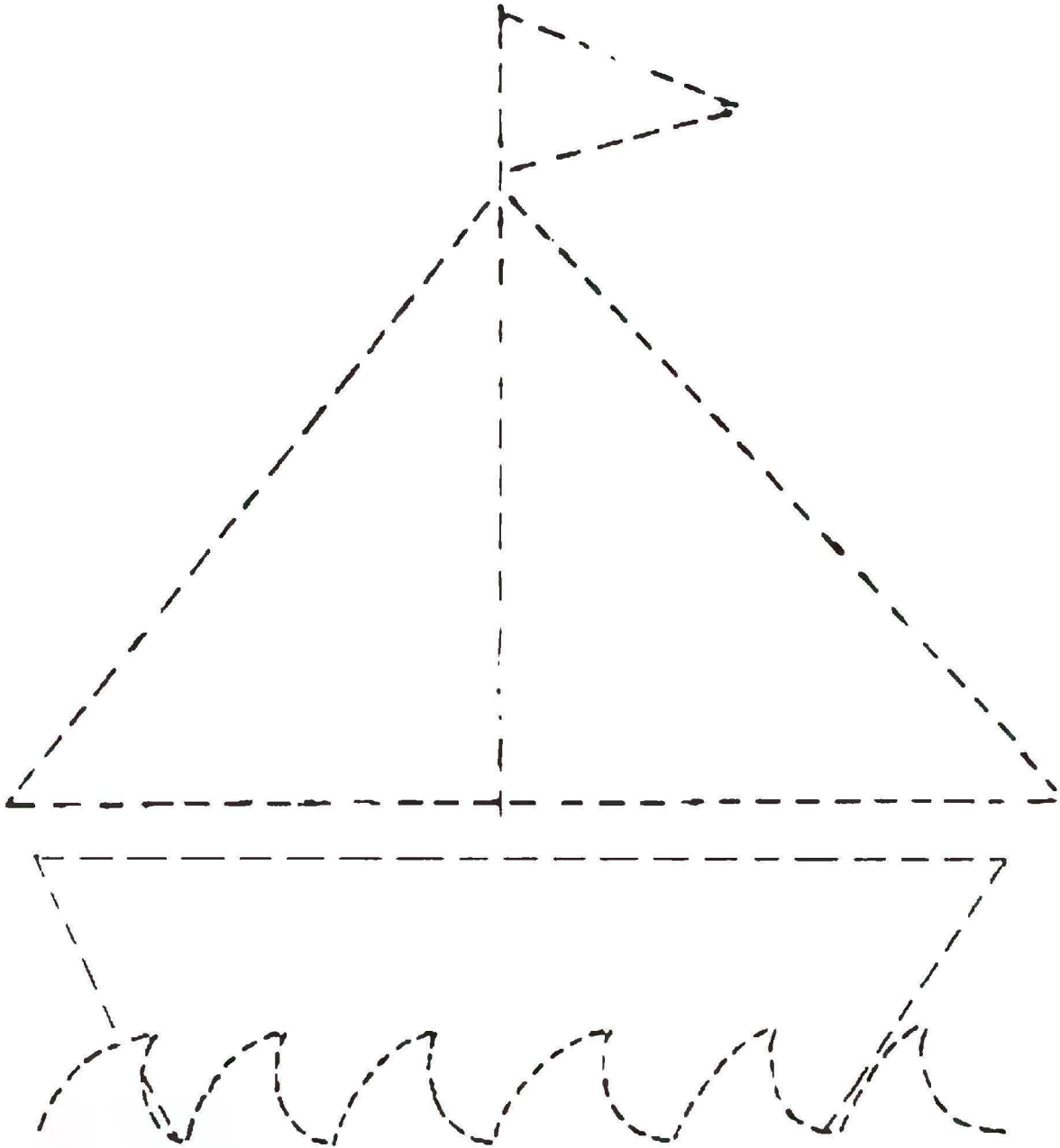
- Introduce the picture of the girl, ball and the path within the maze.
- Ask the child to take the girl to the ball through the path while not touching the borders.

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Parent's Signature

.....
AWW Signature



Trace and Colour



Instructions

- Introduce the sheet to the child.
- Ask the child to discover the picture by joining the dots and colour the picture.

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Parent's Signature

.....
AWW Signature



Count and Draw



Instructions

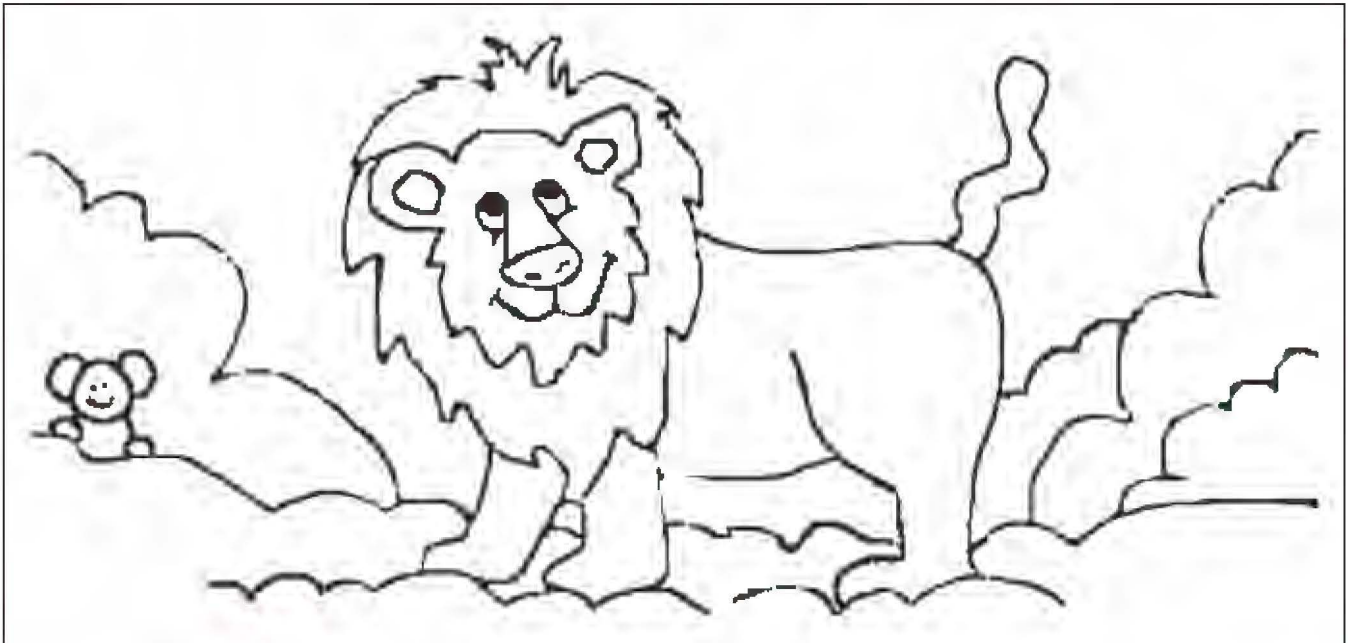
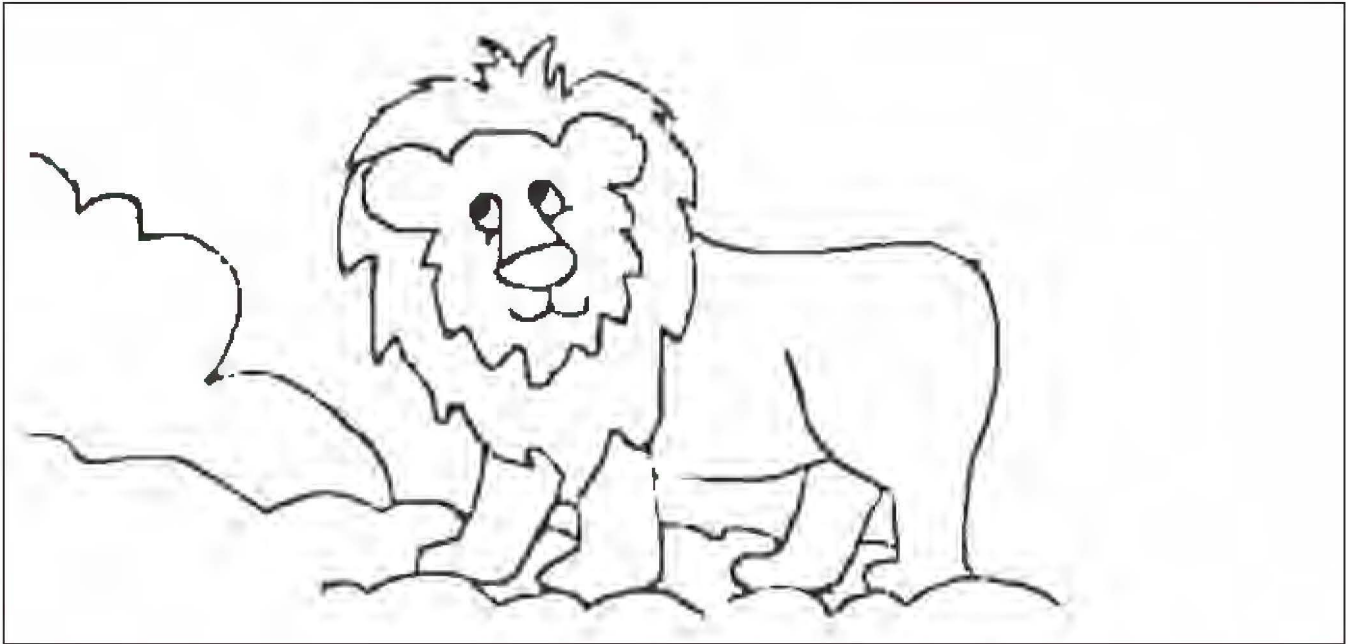
- Count the number of apples with the child.
- Ask the child to draw an equal number of circles in the corresponding box.

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Parent's Signature

.....
AWW Signature



Spot the Difference



Instructions

- Introduce and talk about the picture to the child.
- Ask the child to spot and circle the differences between two pictures and colour the complete picture.

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Parent's Signature

.....
AWW Signature



Concept of colour – Purple



Instructions


- Introduce the colour purple and talk about purple coloured objects in the surroundings.
- Talk about all of the pictures above.
- Ask the child to circle all of the purple coloured objects.

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Parent's Signature

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AWW Signature



Count and Trace

1

3

2

4

Instructions

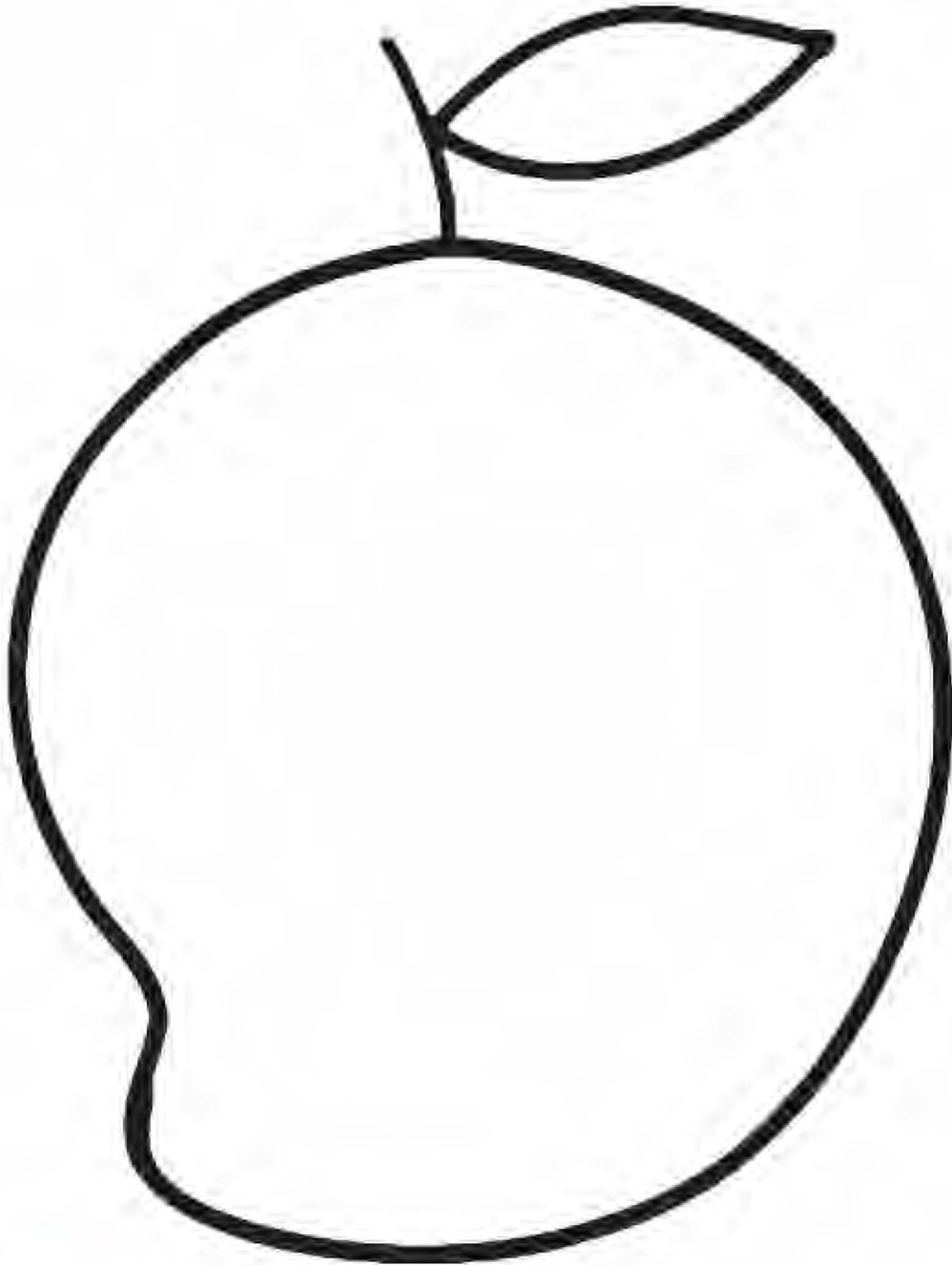
- Introduce the numbers and explain the relationship between the number of objects and the number.
- Ask the child to trace the number of the given objects in each box.

Parent's Signature

AWW Signature



Collage Work



Instructions

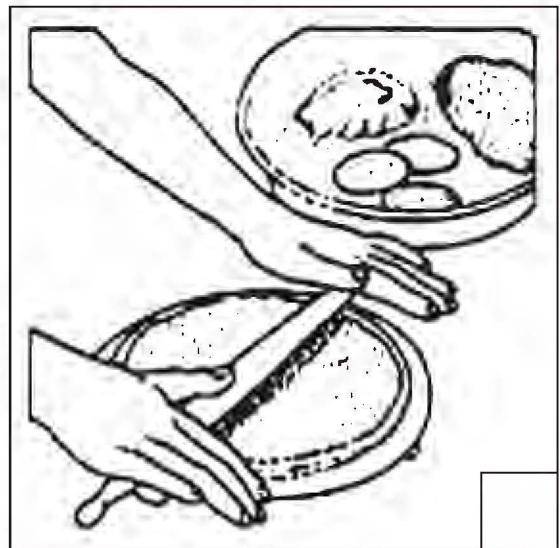
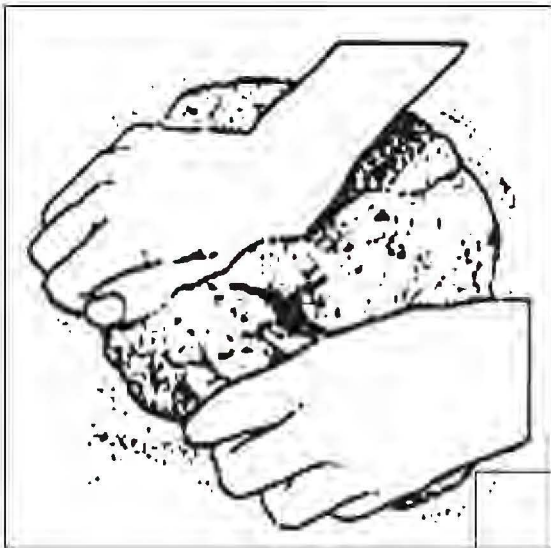
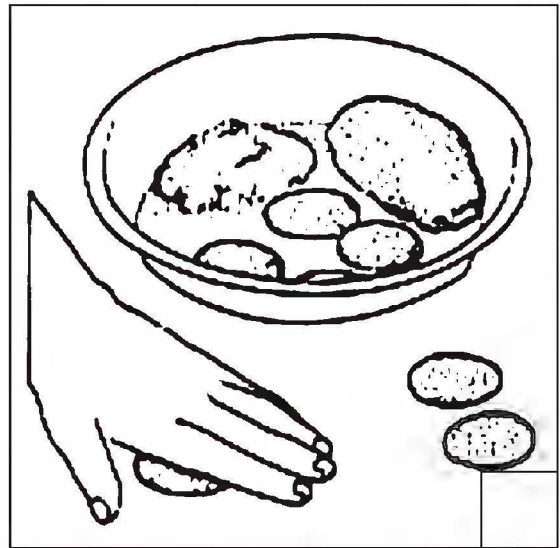
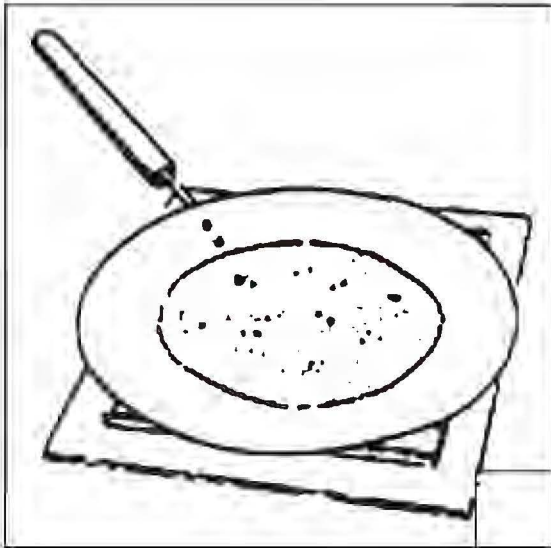
- Introduce and talk about the picture of the mango.
- Ask the child to roll and paste yellow wool in the picture.

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Parent's Signature

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AWW Signature



Sequence of Events



Instructions

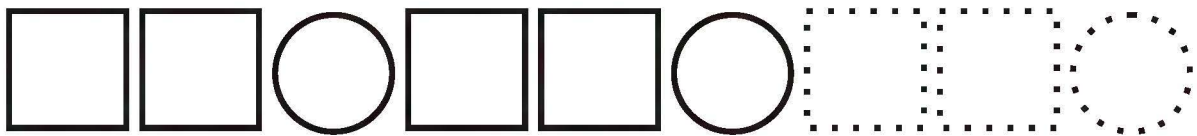
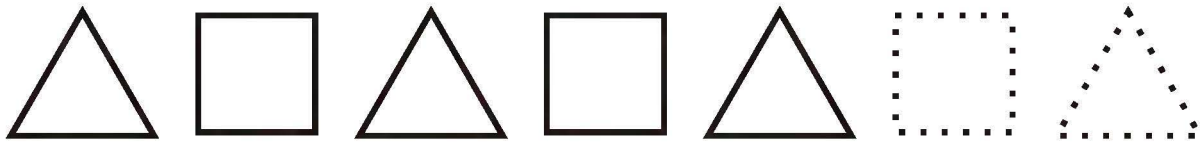
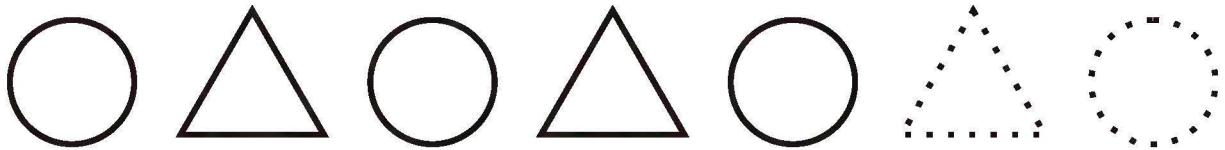
- Introduce and talk about all of the pictures above.
- Talk about the process of making a chappati.
- Ask and assist the child to number the sequence of events.

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Parent's Signature

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AWW Signature



Pattern Completion



Instructions

- Explain the pattern to the child by establishing that the set of different shapes is getting repeated.
- Ask the child to trace and complete the pattern.

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Parent's Signature

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AWW Signature



Date _____

Free Drawing

- Instructions**
- Ask the child to draw themselves.
 - Write the names of the body parts drawn by the child and talk to her/ him about them.

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Parent's Signature

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AWW Signature



Date _____

Count and Write



Instructions • Ask the child to count the objects and write the number in the corresponding box.

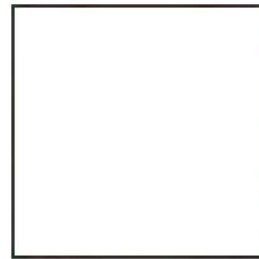
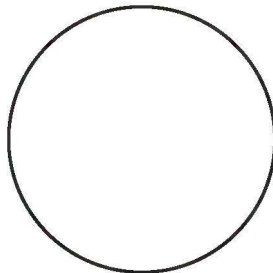
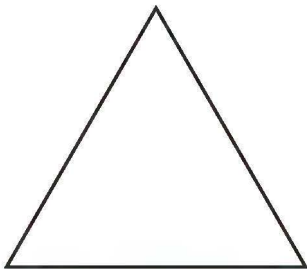
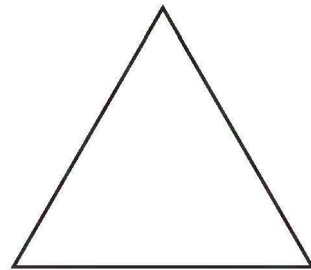
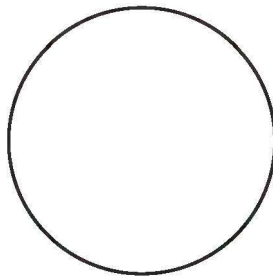
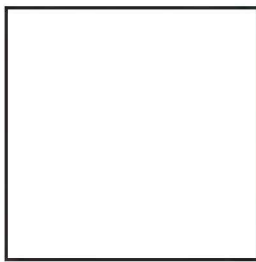
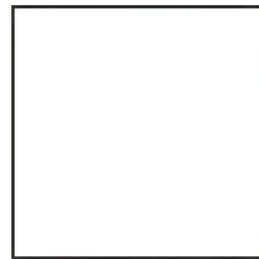
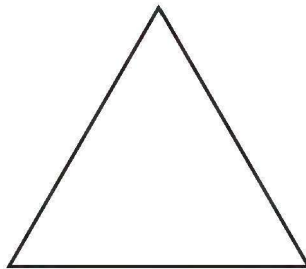
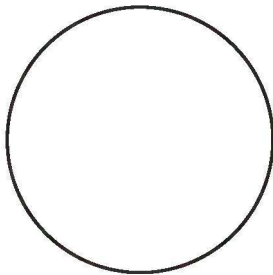
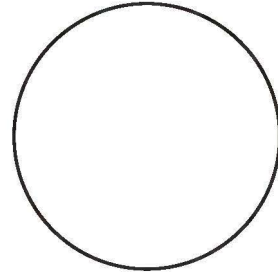
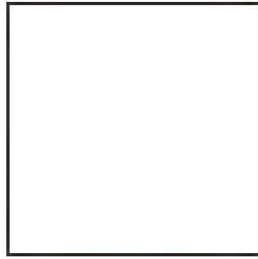
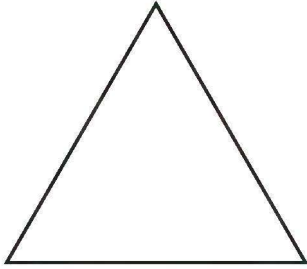
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Parent's Signature

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AWW Signature



Date _____

Shapes



Instructions

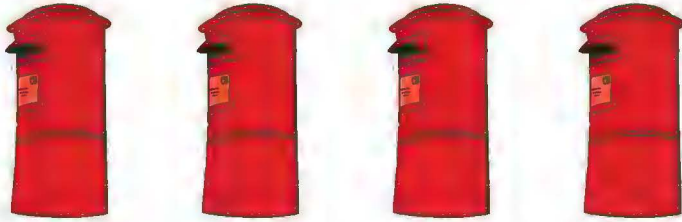
- Explain different shapes and colours to the child.
- Ask the child to colour all circles purple and triangles blue.

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Parent's Signature

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AWW Signature



Count and Match



3



2



4



1

Instructions

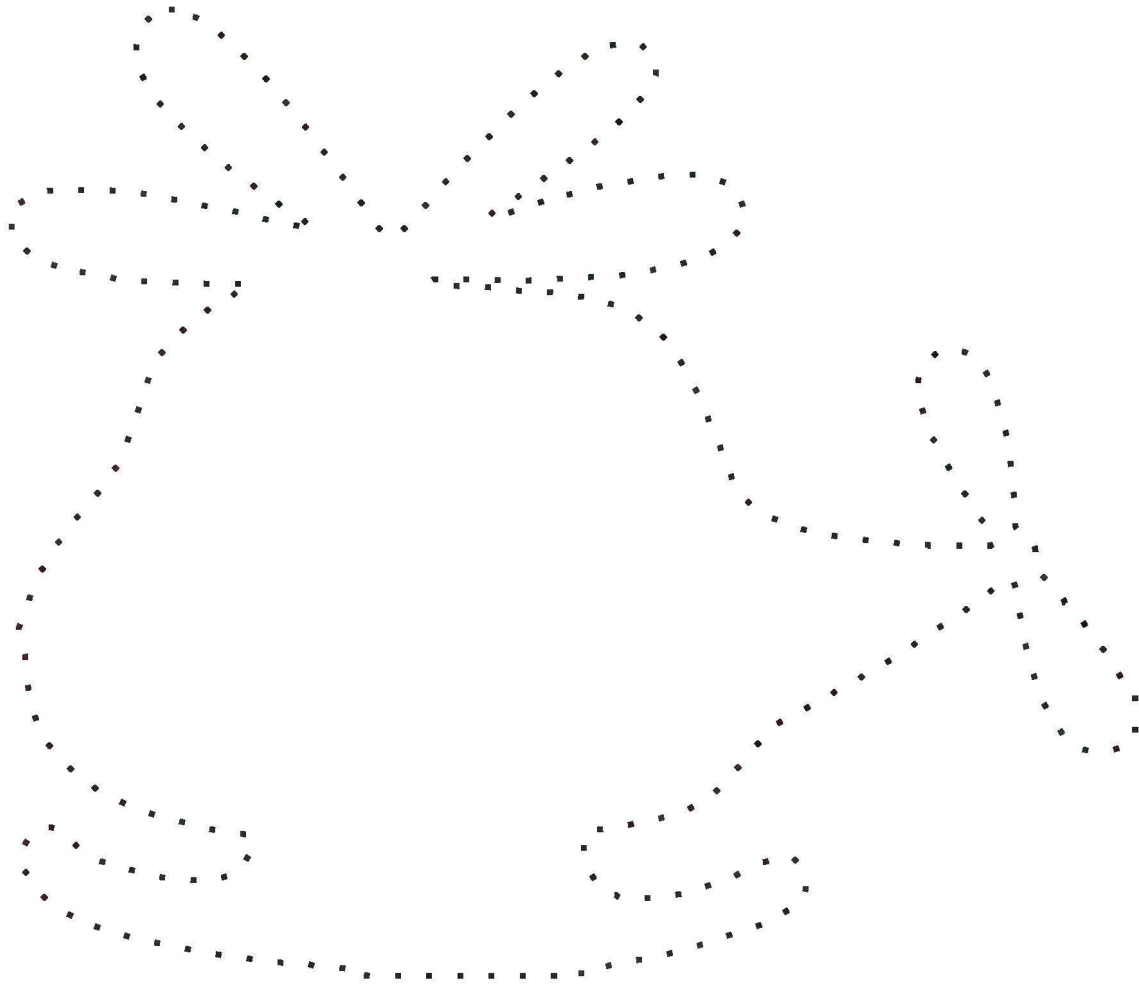
- Explain all the numbers above to the child.
- Ask the child to count and match the objects above with corresponding number.

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Parent's Signature

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AWW Signature



Trace and Colour



Instructions

- Introduce the sheet to the child.
- Ask the child to discover the picture by joining the dots and colour the picture.

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Parent's Signature

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AWW Signature



Date _____

Free Drawing

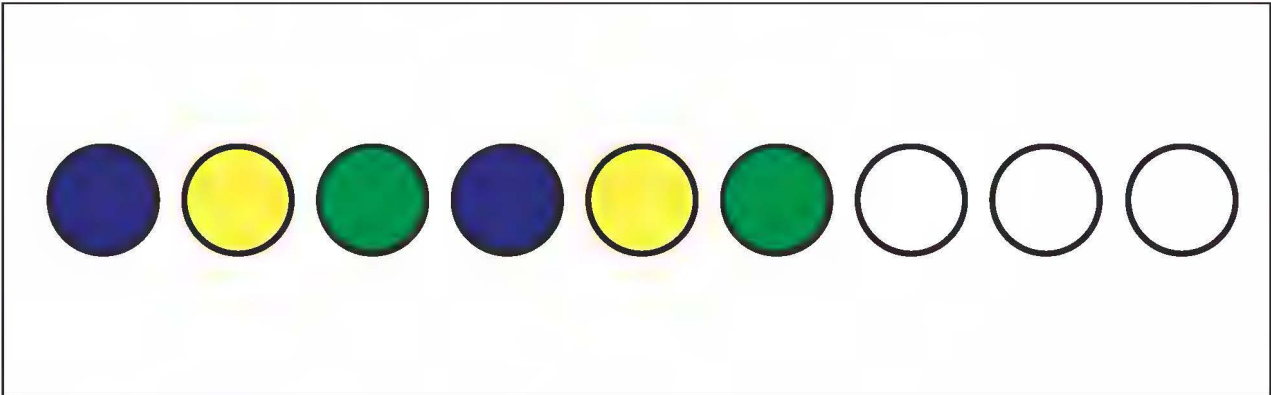
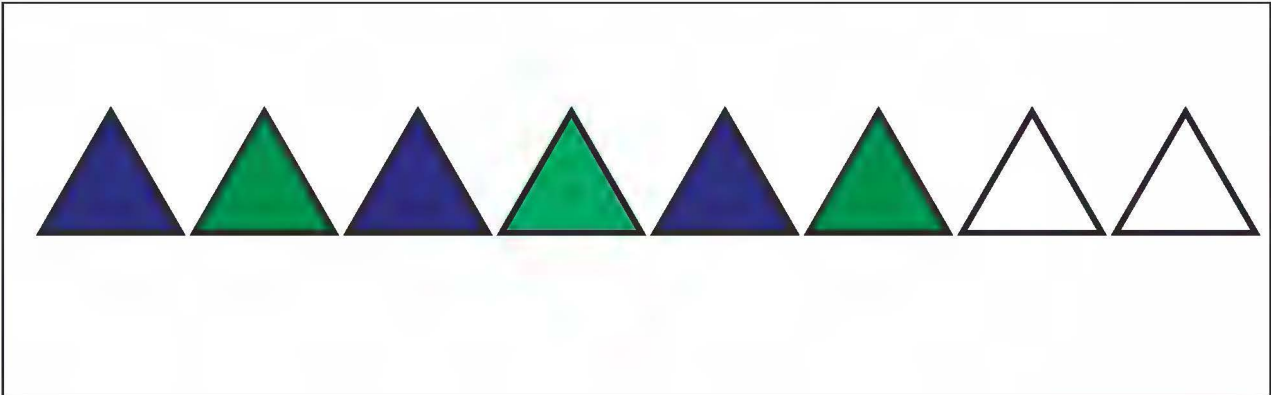
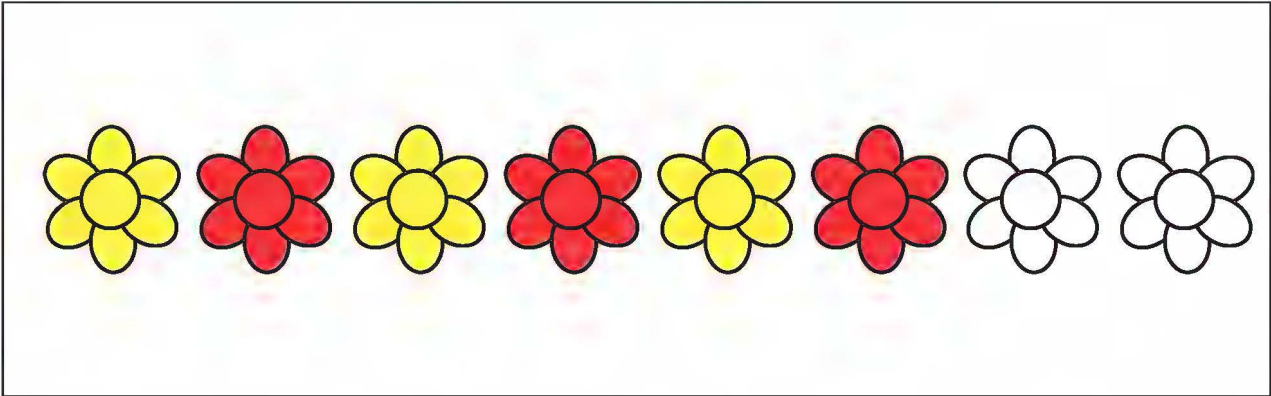
- Instructions**
- Ask the child to draw anything s/he feels like.
 - Write the name of the object drawn by the child and talk to her/him about it.

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Parent's Signature

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AWW Signature



Pattern Completion



Instructions

- Explain the pattern to the child by establishing that the set of different shapes is getting repeated.
- Ask the child to complete the pattern by colouring.

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Parent's Signature

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AWW Signature



Picture Sound Matching



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Instructions

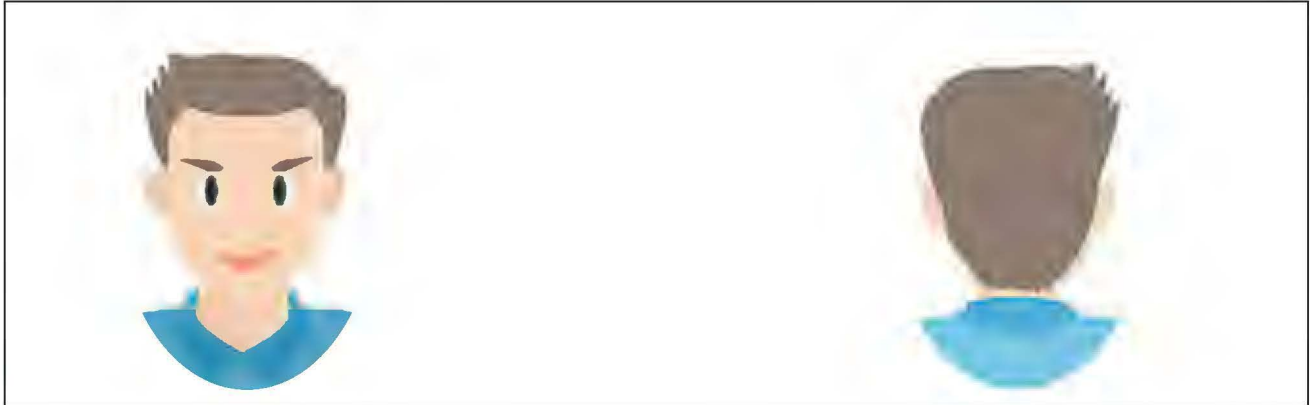
- Introduce and talk about the beginning sounds of all of the pictures and the sound of the letter.
- Ask the child to circle all of the pictures with the same beginning sound as the letter.

Parent's Signature

AWW Signature



Concept of Position



Instructions

- Introduce and talk about all sets of pictures to the child.
- Ask the child to circle the back of the head.
- Ask the child to circle front side of the hand.
- Ask the child to circle the front side of the shirt.

.....
Parent's Signature

.....
AWW Signature



Count and Match



2



1



4



3

Instructions

- Explain all the numbers above to the child.
- Ask the child to count and match the objects above with the corresponding number.

.....
Parent's Signature

.....
AWW Signature



Date _____

Free Drawing

Instructions

- Ask the child to draw anything s/he feels like.
- Write the name of the object drawn by the child and talk to her/him about it.

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Parent's Signature

.....
AWW Signature



Colour Matching



Instructions

- Introduce and talk about all the pictures to the child.
- Ask the child to match objects of the same colour.

.....
Parent's Signature

.....
AWW Signature



Count and Write



Instructions • Ask the child to count the objects and write the number in the corresponding box.

.....
Parent's Signature

.....
AWW Signature



Number Comparison



1	3
4	5

Instructions

- Ask the child to identify all the numbers.
- Ask the child to circle the number in the box which is less than 2.

.....
Parent's Signature

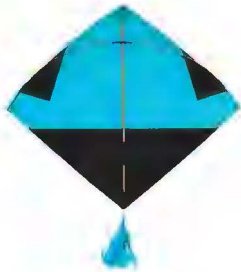
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AWW Signature



Picture Sound Matching



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Instructions


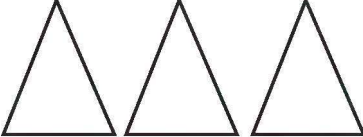
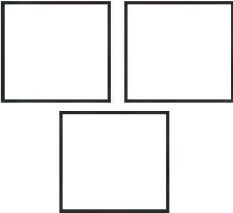
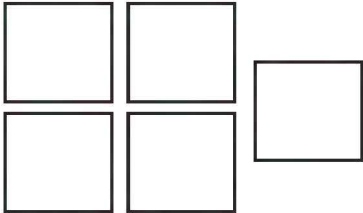
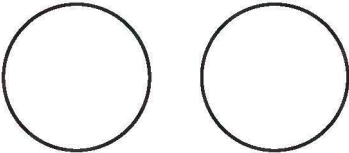
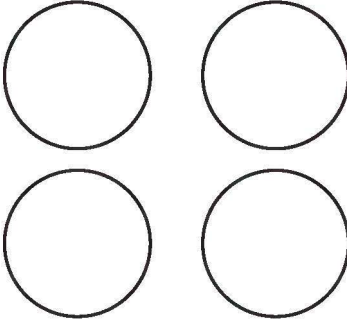
- Introduce and talk about the beginning sounds of all of the pictures and the sound of the letter.
- Ask the child to circle all of the pictures with the same beginning sound as the letter.

.....
Parent's Signature

.....
AWW Signature



Missing Number

Instructions

- Talk about the number of shapes in each box above.
- Ask the child to draw the number of shapes in each blank box following the sequence.

Parent's Signature

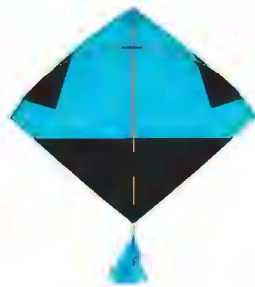
AWW Signature



Picture Sound Matching



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Instructions

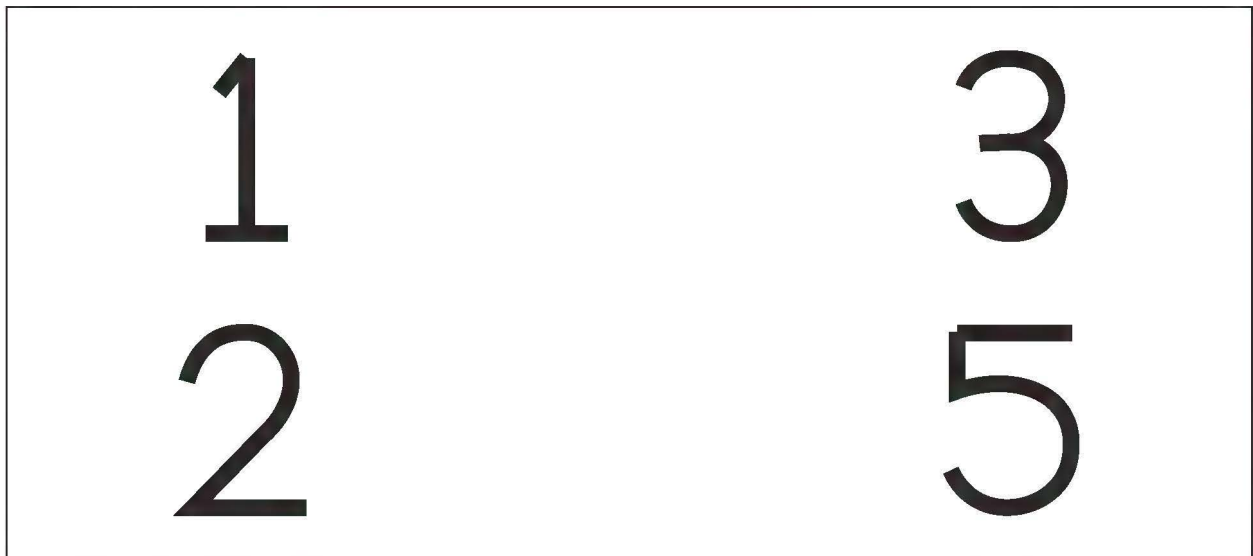
- Introduce and talk about the beginning sounds of all of the pictures and the sound of the letter.
- Ask the child to circle all of the pictures with the same beginning sound as the letter.

Parent's Signature

AWW Signature



Number Comparison



Instructions


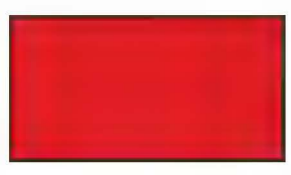



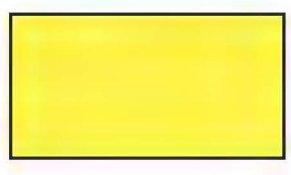




- Ask the child to identify all the numbers.
- Ask the child to circle the number in the box which is greater than 4.

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Parent's Signature

.....
AWW Signature



Colour and Object Matching

Instructions

- Introduce and talk about objects in the surroundings which are of these colours.
- Ask the child to match the different objects above with the corresponding colours.

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Parent's Signature

.....
AWW Signature



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