

Government of Tripura  
Education (Social Welfare & Social Education) Department  
Agartala, West Tripura.

No. F.1(2-33)-ICDS/Sabla/SWE/2011/ 3433 (20) Dated, Agartala, the...12/11/...2012.

**MEMORANDUM**

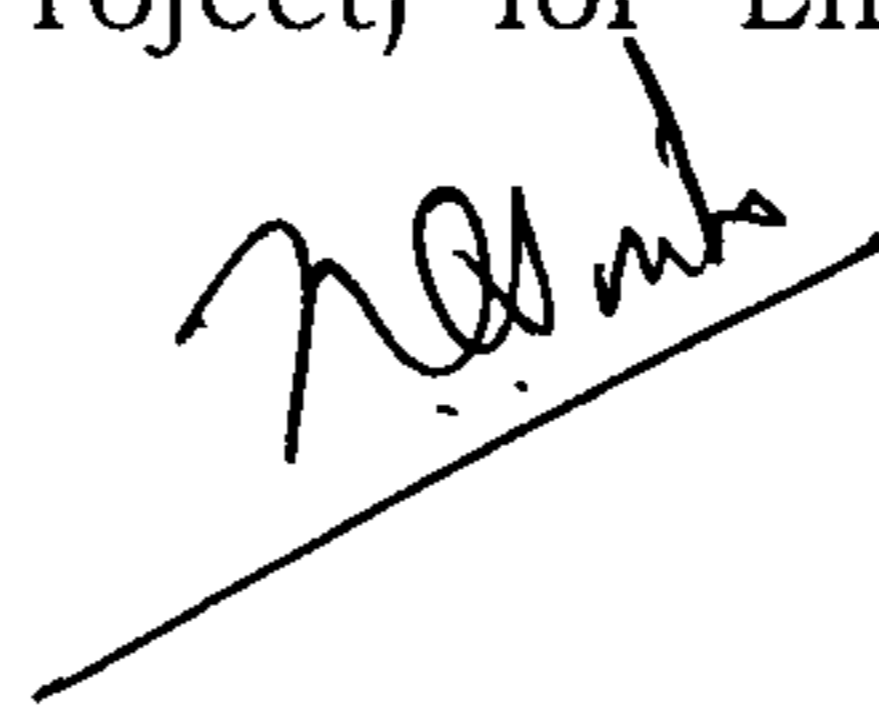
**Subject:- Operational Frame Work on Implementation of Non-Nutrition Components Under the Scheme RGSEAG-Sabla during the Year, 2012-13.**

With a view to develop the health & nutritional status and self-esteem of the adolescent girls and to empower them socially by providing awareness-education on Life-skill, Nutrition Health-Education, Women Rights and Vocational Vrainig a centrally sponsored scheme has already been launched in Dhalai and West Tripura (undivided) as pilot basis. The scheme has major two parts as services, like (i) Nutrition and (ii) Non-Nutrition components. The Nutrition programme of the scheme has been started w.e.f. 01.11.2011 and the Non-Nutrition components w.e.f. 04.01.2012. To implement the scheme successfully (Especially, the Non-Nutrition components) convergence of programmes of the various departments and organisations like SW & SE, SHFW, School Education, Sports & Youths Affairs Department, District Administration and the Nehru Yuba Kendra, ILFS, Industry Department and other NGOs is importantly necessary.

2. The implementation of the Non-Nutrition component under the scheme, RGSEAG-Sabla has been reviewed and the following decisions have been taken for implementation of the scheme in a fruitful manner.

**i) Implementation of Life Skill Education:**

- (a) The fund earmarked for implementation of this component will be placed to the DM & Collectors. The concerned DISEs/DISE-in-charges will cooperate the DM & Collectors to run the programme at ICDS Project level.
- (b) The fund, Rs.14, 00,000/- (Rupees fourteen lakhs) only as sanctioned by the GOI (per annum for 28 ICDS Project) for Life Skill Education which was

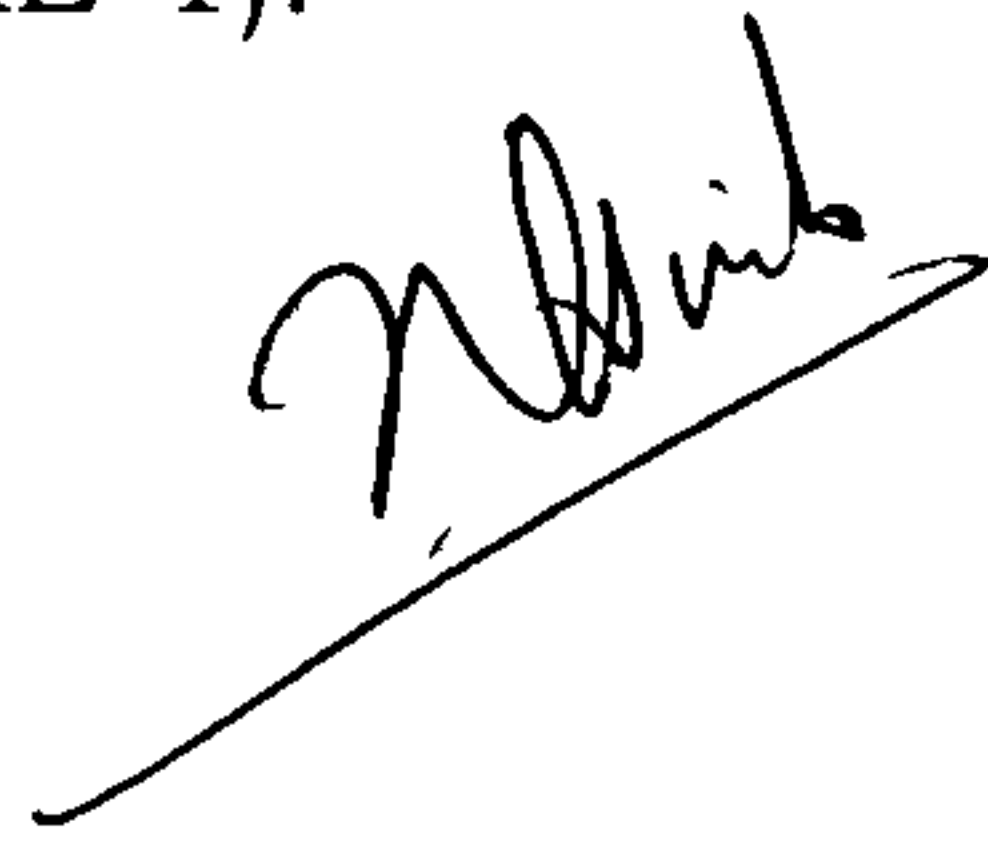


already drawn by the DDO, DSWE shall be utilized for the same purpose during the year 2012-13 as per the budget mentioned below (based on the schematic guideline).

**Budget:**

Sl. No.	Particulars	Proposals
1.	Specific purpose of expenditure.	Conducting training sessions at AWC level (Kishori Samooha wise) on Life Skill Education.
2.	Service Provider/Resource Person	NGO/CBO/NYK and Resource person from Legal Aid authority, Sports and Youth affairs etc.
3.	Total No. of Kishori Samooha.	763 nos.
4.	Duration of every session.	45 minutes.
5.	No. of session in a week.	2 (two) sessions.
6.	No. of session in a month.	8 (eight) sessions.
7.	Total No. of month for continuation of Life Skill Education.	4-5 months.
8.	Total session per Kishori Samooha per annum.	36 nos.
9.	Unit Cost per session.	<b>Rs. 50/- (Rupees fifty) only per session.</b>
10.	Specify the purpose of unit cost.	Contingency expenditure for imparting training or educating the AGs on Life Skill Education as per the module mentioned in the scheme guideline. Rs. 50/- per session may be paid to the resource person/service provider including AWW.
11.	Additional fund under Life Skill Education if any.	Rs.34.86/- (Rupees thirty four and eighty six paisa) only per Kishori Samooha per annum.
12.	If Sl. No.10 is yes, specify the purpose of expenditure.	Amount may be incurred for the purpose of IEC activity, exposers visit accessing of public services etc.
	<b>Total Cost (State):</b>	i) Contingency for training: 36 X 763 X Rs.50.00 = Rs.13,73,400/- ii) Contingency for exposers visit etc: 763X Rs.34.86 = <u>Rs. 26,600/-</u> iii) <b>Total:</b> <b>Rs. 14,00,000/-</b>

(c) The time table already issued for implementation RGSEAG-Sabla shall be followed (Copy enclosed in ANNEXURE-1).





**The salient feature of the component as per guide line is:**

- The AGs will acquire knowledge and develop attitudes and skills which support and promote the adoption of healthy and positive behaviour in them. Its ultimate aim is to enable AGs in self development.
- Broad topics to be covered in the training for development of life skills will include confidence building, self awareness and self esteem, decision making, critical thinking, communication skills, rights & entitlement, coping with stress and responding to peer pressure, functional literacy (wherever required) etc.
- One of the important components of being confident is knowledge about the existing public services and how to access these.
- Awareness talks and visits will be arranged in collaboration with PRI members, NGOs/CBOs, police personnel, bank officials, post officials, health functionaries etc.
- Information/guidance about entry/re-entry into formal schools and motivation to do the same will also be provided in coordination with Education Department.
- NGOs/CBOs and other Institutions may be involved for imparting and conducting short modules on life skill education.

**ii) Implementation of Nutrition Health Education (NHE) etc:**

- (a) The fund earmarked for implementation of this component will be placed to the DISEs/DISE-in-charges who will in turn place to the ICDS Project for AWC level implementation under the guidance and supervision of the DM & Collectors and DISE/ DISE-in Charges.

Sl. No.	Particulars	Proposals
1.	Specific purpose of expenditure.	Conducting training sessions at AWC level (Kishori Samooha wise) on NHE components, Guidance on public services.
2.	Service Provider/ Resource Person	Field NGO/ CBO/ASHA/ARSH Councillor
3.	Total No. of Kishori Samooha.	763 nos.
4.	Duration of every session.	45 minutes.
5.	No. of session in a week.	1(one) session (as minimum).
6.	No. of session in a month.	5(five) sessions (as maximum).
7.	Total No. of month for continuation of NHE components etc.	4-5 months.

*M. S. M. S.*

8.	Total session per Kishori Samooha per annum.	22+ sessions.
9.	Unit Cost per session.	Rs. 50.00/-(Rupees fifty) only per session.
10.	Specify the purpose of unit cost.	Imparting training or educating to the AGs on NHE components, Guidance on public services as per the module mentioned in the scheme guideline.
11.	Additional fund under NHE components etc if any.	No.
12.	If Sl. No.10 is yes, specify the purpose of expenditure.	Does not arise.
<b>Total Cost: 763 X 22 X Rs.50.00 = Rs. 8,39,300/-</b>		
<i>Excess amount Rs. 700/- may be allotted to some projects having large Kishorisamooha proportionately.</i>		

(b) The fund, Rs.8,40,000/- (Rupees Eight lakhs forty thousand) only as sanctioned by the GOI (per annum for 28 ICDS Project) for NHE etc including IEC which was already drawn by the DDO, DSWE may be utilized for the same purpose during the year 2012-13 as per the budget mentioned above (based on the schematic guideline).

(c) The SDMOs/MOICs shall ensure the regular attendance of ANM/ASHA/ARSH Councillor for providing NHE as per routine to be framed jointly by SDMO and CDPOs. A joint training will be conducted in this regard.

**iii) Implementation of Health Check up:**

Fund to be incurred for the purpose are being placed to the CDPOs w.e.f. August, 2012. Health Check up of AGs should be done regularly once in 3 (three) months in a special day, Kishori Diwas as per schematic guide line. The decisions taken in respect of Health check up should be followed by the all concerned.

(a) General Health Check up of Adolescent Girls (AGs) and referral services should be done by the health functionaries with the assistance of the AWW.

(b) Medicines for common ailment of AGs shall be supplied to them on the day under supervision of the health functionaries. The CMO, SDMO, MOIC at their own level should ensure the regular supply of medicines and conducting of health check-up of AGs.

(c) IFA supplementation as given weekly (every Monday) and De-worming tablets given bi-yearly under **WIFS** programme should monitored on the day.

*NK/mb*

- (d) BMI of each and every AGs should be detected on the day and recorded properly in the Kishori Card.
- (e) Other activities and formalities as mentioned in the guide line shall be observed.
- (f) Rs. 270/- per Kishori Samooha/per Kishori Diwas can be utilised as sanctioned. This rate of expenditure may be changed time to time.
- (g) The DM & Collectors, CMOs and the District Officers of SW & SE Department shall monitor the programme and report at their own level.

iv) **Joint Training of Health, ICDS, Sports & Youth Affairs, School Education and NGOs/CBOs on operational frame work:**

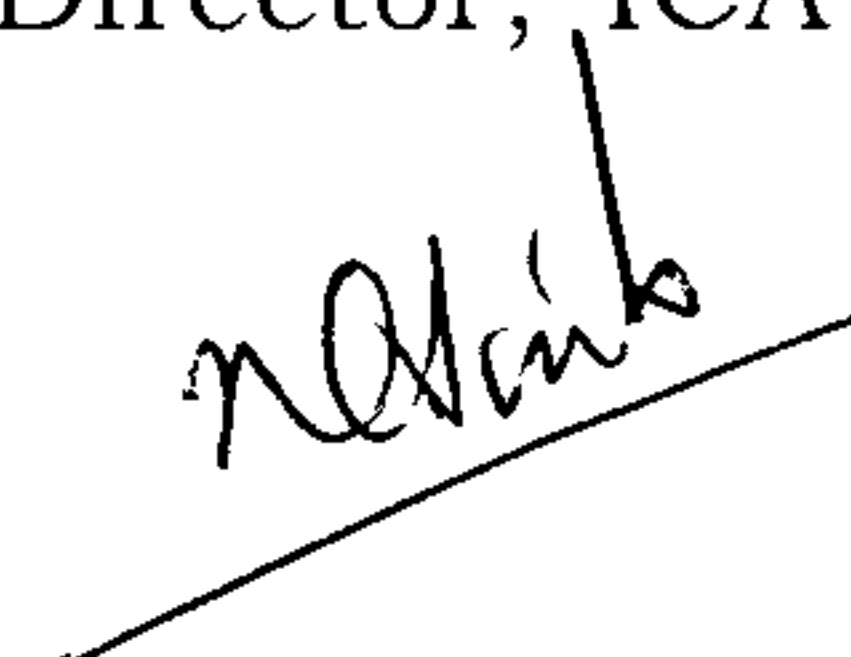
- (a) 3-tier Joint Training on implementation of Sabla among the officers and field level functionaries of SHFWS, SW & SE, School Education, Sports & Youth Affairs Departments, Legal Aid Authorities, Nehru Yuva Kendra, NGO/CBO shall be conducted for effective implementation of the programme.

v) **Implementation of Vocational Training:**

- (a) The fund of Rs. 8,40,000/- pa. earmarked for implementation of this component will be placed to the DM & Collectors.
- (b) The concerned DISEs/DISE-in-charges shall prepare a mapping exercise on training institutes/ training courses etc. with the guidance of the DM & Collectors.
- (c) Fund will be placed rationally as per number of Kishori Smooha/AGs (16-18 years)/Course fee.

vi) **Preparation of Drama Team & Cultural Team among the AGs:**

- (a) To make interest among the AGs on the scheme Sabla and develop awareness on different components of Life Skill Education and NHE like, legal rights and its entitlement, critical thinking, coping with stress, decision making, family welfare, child care practise, ARSH, Sanitation etc. at least 2 drama team in each project shall be formed with the AGs. Other Cultural programme shall also be organised with the AGs.
- (b) Necessary fund shall be placed to the Director, ICA for organising cultural activities with the AGs.



(c) Department of SW & SE will provide musical instrument to the ICDS projects for the cultural activities.

**vii) Sports Activities :**

Sports and Youth Affairs Department may converge their programme for providing coaching on sports/yoga to enable the AGs to learn to keep fit themselves.

3. Directors of allied Departments may issue necessary instruction to the field functionaries for implementation of the scheme successfully.

  
(N. C. Sinha) 9/11/12  
Principal Secretary  
Government of Tripura

To:

1. Mission Director, NRHM, Tripura.
2. All DM & Collector.
3. Director, Sports & Youth Affairs/ICA/SW & SE/Education Department.
4. Principal Officer (Social Education), TTAADC, Khumulwng, West Tripura.
5. DISE, Dhalai & West Tripura (u/d) District.

Copy also forwarded to:

1. PS to the Chief Secretary, Government of Tripura for kind information of the Chief Secretary.
2. The ~~Principal~~ Secretary (Health & Family Welfare) for kind information.
3. The ~~Principal~~ Secretary (ICA) for kind information.
4. The Principal Secretary (Sports & Youth Affairs) for kind information.