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Government of Tripura Education (Social Welfare & Social Education) Department Tripura, Agartala

No.F.1 (8-9) - ICDS/SWE/2013/ 4676 (158)

Dated, Agartala, the...18/12/...2018

Subject:- Revised Nutritional and Feeding Norms for Supplementary Nutrition Programme in ICDS Scheme.

M-E-M-O

The Ministry of Women & Child Development, Govt. of India has revised the tollowing Nutritional and Feeding Norms for Supplementary Nutrition Programme in ICDS Scheme.

1. Revision in cost and feeding norms of SNP (Per beneficiary per day)

Category	Revised SNP Cost Norms	Nutritional Norms		
	Cost Norms	Protein	Calorie	
(i) Children (6-72 months)	Rs.8.00	12-15 Grams	500 K. Cal	
(ii) Severely underweight children (6-72 months)	Rs.12.00	20-25 Grams	800 K. Cal	
(iii) Pregnant women and Nursing mothers	Rs.9.50	18-20 Grams	600 K. Cal	

To implement the revised feeding norms with nutritional norms for Supplementary Nutrition Programme, a committee has been formed to recommend the revised feeding norms for SNP in the State.

Accordingly, the Committee has reviewed & recommended a detail break up of cost and feeding provision of SNP for the State under ICDS.

After threadbare discussion & careful examination of the quantity of food items, Calorie, Protein & other food components, transportation, feeding contingencies of A. W. Workers & also the matter of locally availability of food items, variety of menu & the palatability of the food items, the Committee has recommended its proposal.

The Committee recommends 2 (Two) Eggs in a week on Wednesday & Saturday & Salty Sujir Haloa, Chirar Polao, Chola / Bengal Gram with Muri as morning snacks in place of Biscuits, Murir Muya / Chirar Muya to change the monotonous menu of daily Khichuri as food items.

After through discussion, said recommended SNP norms has been approved & decided to implement the revised recommended SNP norms (copy attached) in all Anganwadi Centers with immediate effect.

In the meeting, it is also decided that vegetables derived from the respective AWC's kitchen garden should be used in the preparation of Khichuri. Further, CDPOs, Supervisors & Anganwadi Workers are instructed to motivate the guardians, local peoples & PRI members to take active participation & co-operation in implementation of Supplementary Nutrition Programme in the AWCs.

Therefore, all the CDPOs in the State are directed to introduce the revised SNP norms in all Anganwadi Centres of their respective Projects with immediate effect & confirm action taken.

Enclo:- As stated above.

13-12:18

Deputy Secretary to the Government of Tripura

To

 The CDPO, Urban/Mohanpur/Hezamara/Mandai/Jirania/ Bishalgarh/ Dukli/ Jampuijala/ Melaghar/ Boxnagar/ Kathalia/ Khowai/ Padmabil/ Tulashikhar/ Teliamura/ Kalyanpur/ Mungiakami/Khowai NP/Teliamura NP/ Ranirbazar NP/ Sonamura NP/ Kamalpur NP/Agartala No.-2/ Killa/ South District/ Matabari/ Kakraban/ Amarpur/ Karbook/ Bagafa/ Ampi/ Rajnagar/Hrishyamukh/ Satchand/ Rupaichari/Santirbazar/Belonia NP/ Sabroom NP/ Amarpur NP/ Kadamtala/ Panisagar/ Damchara/ Gournagar/ Kumarghat/Pecharthal/ Kanchanpur/Jampui Hills/ Kailasahar Dist. H.Q./ Kumarghat NP/Kailasahar NP/ Dharmanagar NP/ Ambassa/Dumburnagar / Salema/Chawmanu / Manu ICDS Project for information and necessary action.

Copy to:-

- 1. The DISE/PO, West Tripura/Sepahijala/Khowai/Gomati/ South Tripura/ Dhalai/ Unakoti /North Tripura District for information & necessary action.
- 2. The P.O. (SW & SE), TTAADC, Khumulwng, West Tripura for favour of information & necessary action.
- 3. The Dy. P.O. (SW & SE), TTAADC, Manughat, Longtarai Valley for information & necessary action.

Copy also to:-

- 1. The PS to the Hon'ble Minister (SW & SE) for kind information to the Minister.
- 2. The P.A. to the Special Secretary (SW & SE) for kind information of the Special Secretary.
- The District Magistrates & Collector, West Tripura/ Sepahijala/ Khowai/ Gomati / South Tripura/ Dhalai/ Unakoti / North Tripura District for information.
- 4. The Chief Executive Officer, TTAADC, Khumlwng for information.
- 5. The Sub-Divisional Officer, Sadar/ Jirania/Mohanpur/Khowai/ Teliamura/ Bishalgarh/ Jampuijala/Sonamura/ Udaipur/Amarpur/ Karbook/Belonia/ Santirbazar/ Sabroom/ Kailasahar/Kumarghat/Dharmanagar/Kanchanpur/Panisagar/Ambassa/Gandachara/Kama Ipur/Longtarai Vally for information.
- 6. The Block Development Officer, Dukli/ Jirania/ Mandai/ Mohanpur/ Lefunga/ Hezamara/Khowai/Padmabil/Tulashikhar/ Teliamura/ Kalyanpur/ Mungiakami/ Bishalgarh/ Melaghar/ Jampuijala/ Boxnagar/ Kathalia/ Matabari/ Kakraban/ Killa/ Amarpur/ Ampi/ Karbook/ Hrishyamukh/ Rajnagar/ Bagafa/Jolaibari/ Satchand/ Rupaichari/ Silachari/ Gournagar/Kumarghat/ Pecharthal/ Kadamtala/ Kanchanpur/ Damchara/ Jampui Hill/ Panisagar/Jubarajnagar/ Ambassa/ Dumburnagar / Salema/Durga Chowmohani/ Chawmanu / Manu R. D. Block for information.
- 7. The Executive Officer, Agartala Municipal Council/ Ranirbazar NP/ Khowai NP/Teliamura NP/ Sonamura NP/Udaipur NP/ Amarpur NP/ Belonia NP/ Sabroom NP/ Kailashahar NP/ Kumarghat NP/ Dharmanagar NP/ Kamalpur NP for information.

7-12-18

Deputy Secretary to the Government of Tripura

Menu as per revised cost norms

e1	CATEGORY	WEEKLY MENU OF SUPPLEMENTARY NUTRITION PROGRAMME IN ANGANWADI CENTERS							
SL. NO.		TYPE	MONDAY	TUESDAY	WEDNESDAY	THRUSDAY	FRIDAY	SATURDAY	
	CHILDREN (6M.TO 6YRS)	Morning Snacks	Salty Sujir Haloa	Chola / Bengal Gram with Muri	Egg-1	Chirar Polao	Chola / Bengal Gram with Muri	Egg-1	
1		нсм	Khichuri (90 gm Rice + 30 Gm. Masor Dal) With seasonal vegetables & Soyabean	Khichuri (90 gm Rice + 30 Gm. Masor Dal) With seasonal vegetables & Soyabean	Khichuri (90 gm Rice + 30 Gm. Masor Dal) With seasonal vegetables & Soyabean	Khichuri (90 gm Rice + 30 Gm. Masor Dal) With seasonal vegetables & Soyabean	Gm. Masor Dal) With seasonal vegetables	(90 gm Rice + 30 Gm. Masor Dal) With seasonal	
	2 SEVERELY UNDER- WEIGHT CHILDREN (6M TO 6YRS.)	Morning Snacks	Salty Sujir Haloa	Chola / Bengal Gram with Muri	Egg-1	Chirar Polao	Chola / Bengal Gram with Muri	Egg-1	
2		нсм	Khichuri (150 gm Rice + 50 Gm. Masor Dal) With seasonal vegetables & Soyabean	Khichuri (150 gm Rice + 50 Gm. Masor Dal) With seasonal vegetables & Soyabean	Khichuri (150 gm Rice + 50 Gm. Masor Dal) With scasonal vegetables & Soyabean	Khichuri (150 gm Rice + 50 Gm. Masor Dal) With seasonal vegetables & Soyabean	Khichuri (150 gm Rice + 50 Gm. Masor Dal) With seasonal vegetables & Soyabean	Khichuri (150 gm Rice + 50 Gm. Masor Dal) With seasonal vegetables & Soyabean	
3	PREGNANT WOMEN & NURSING MOTHERS	Morning Snacks	Salty Sujir Haloa	Chola / Bengal Gram with Muri	Egg-1	Chirar Polao	Chola / Bengal Gram with Muri	Egg-1	
		нсм	Khichuri (135 gm Rice + 45 Gm. Masor Dal) With seasonal vegetables & Soyabean	Khichuri (135 gm Rice + 45 Gm. Masor Dal) With seasonal vegetables & Soyabean	Khichuri (135 gm Rice + 45 Gm. Masor Dal) With seasonal vegetables & Soyabean	Khichuri (135 gm Rice + 45 Gm. Masor Dal) With seasonal vegetables & Soyabean	Khichuri (135 gm Rice + 45 Gm. Masor Dal) With seasonal vegetables & Soyabean	Khichuri (135 gm Rice + 45 Gm. Masor Dal) With seasonal vegetables & Soyabean	

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